



Those prayers marked * are ones that children are able to say from memory

Aged 3-5

- Sign of the cross *
- Hail Mary
- Our Father
- Morning and Evening prayers
- Prayers before and after meals
- Simple responses at Mass
- Greeting the Gospel (acclamation)
- Simple litanies of thanks and praise
- Prayerful reflection on the day
- Prayers for the blessing of the Advent wreath
- Prayers for the lighting of the Advent candles

Aged 5-7 All those listed above, and:

- Sign of the cross *
- Hail Mary*
- Glory be to the Father*
- Morning Offering*
- Grace at Meals*
- Act of Sorrow
- Mass responses*

Age 7-11 All those listed above, and:

- I confess*
- Angelus*
- Eternal rest*
- Act of contrition*
- The mysteries of the Rosary
- Stations of the Cross
- Some simple phrases from the psalms
- Prayers at Mass:- Penitential Rite- Glory to God (Gloria)- Offertory prayers- Lamb of God- Holy holy, holy*