



Physical Education Curriculum Overview at STM



	Advent 1	Advent 2	Lent 1	Lent 2	Pentecost 1	Pentecost 2
F2	Gymnastics- Big Moves	Gymnastics- Big Moves	Gymnastics	Gymnastics	Athletics	Multi-skills
F2/Y1	Brilliant Ball Skills	Dance – Story Time Dance	Gymnastics – Groovy Gymnastics	Multi-skills – Skip to the beat	Athletics	Throwing and catching
Y1/2	Brilliant Ball Skills	Dance - Story Time Dance	Gymnastics – Groovy Gymnastics	Multi-skills – Skip to the beat	Athletics	Throwing and catching
Y2	Brilliant Ball Skills - Football	Gymnastics- Gym fit circuits	Dance – Ugly Bug Ball	Multi-skills – cool core strength	Athletics	Throwing and catching - cricket
Y3	Brilliant Ball Skills - Basketball	African Dance / Gymnastics	Multi-skills – Fitness Frenzy	Multi-skills – Tag and chase – CG planning	Athletics	Throwing and catching – field games
Y3/4	Invasion - Football	Multi-skills - Boxercise	Gymnastics – Gym sequences and Gymfit Circuits	Striking and Fielding - cricket	Athletics	Nimble Nets - Tennis
Y4/5	Invasion - Netball	Dance – Dynamic	Gymnastics- Gym sequences and circuits Yr 5's Swimming	Striking and Fielding – cricket/rounders Yr 5's Swimming	Athletics	Nimble Nets - Tennis
Y5	Invasion – Netball	Dance - Dynamic	Gymnastics- Gym sequences and circuits Swimming	Striking and Fielding – cricket/rounders/ Swimming	Athletics Orienteering	Nimble Nets - Tennis
Y6	Invasion – Tag Rugby Swimming	Multi-skills – Boxercise Swimming	Gymnastics- Gym sequences and step to the beat.	Nimble Nets Badminton	Athletics	Invasion - Hockey