

# GSD<sub>15</sub>

Gowan Sports Development 2015

## St Thomas More KS2 Athletics Club

GSD is multi skills sports development company that is based in the Leicester city school sports partnership.

Our After School athletics club will allow keen athletes to develop their athletic skills in a variety of activities. Starting with developing stamina, pacing & tactics to support our performance at cross country events. Then moving onto our sprinting, jumping & throwing performance later in the year, ready for our School games competitions.

School Name: St Thomas More CVA  
Day/Time: Monday (3.30 – 4 .30pm)  
Dates: Monday 6<sup>th</sup> September – Monday 13<sup>th</sup> December 2021  
Cost: 14 sessions for £52.50p (£3.75 per session)

**To book your child a place & for bank details, please contact Chris on;**  
[Chrisgsd15@yahoo.co.uk](mailto:Chrisgsd15@yahoo.co.uk) or [07793762984](tel:07793762984)

Please complete the consent form below and hand in at your school reception with your payment.

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### ST THOMAS MORE CVA - KS2 ATHLETICS CLUB

**Childs name:**.....**Class:**.....**Year:**.....

**Address:**.....

.....**Postcode:**.....

**Emergency contact number:**..... **D.O.B:**.....

**Medical conditions:**.....

In the event of any injury I give my consent for any immediate treatment deemed necessary by a qualified First Aider.

SIGNED ..... PARENT/CARER

**Parents/carers will need to arrive 5 mins before the end of the session to sign their children out!!**

**All children must wear suitable footwear during the sessions & if possible have a high visibility top. In inclement weather we may be indoors so please have suitable trainers available.**