

# EXTRA-ORDO-NARY

2021-2022

NOUN, ADJECTIVE/PUN

A word created by NDCYS combining the word 'Ordo' which is the list of offices and feasts of the Roman Catholic Church for each day of the year and the word 'extraordinary'.

- 1) "Have you seen this week's Extra-Ordo-Nary? ...and the video? SO interesting!"
- 2) "What an extra-ordo-nary fact about this week's feasts and celebrations!"

This resource (combined with the weekly video resource available at [YouTube.com/ndcyslives](https://www.youtube.com/ndcyslives)) aims to help us to pray with and learn from our rich liturgical year, living out the rhythms of our Catholic faith in daily life. Each week is extra-ordo-narily exciting and full of opportunities to grow, pray and learn.

# WELCOME

22ND - 28TH AUGUST 2021 • 21ST WEEK IN ORDINARY TIME

At this time of year we welcome many new people into our communities and we also welcome old friends back after the holidays. It's a time to celebrate being together again after so much time apart.

Being a welcoming community is at the heart of our faith and this week, perhaps you could find ways to make someone feel welcome, particularly if they feel left out or nervous.

# WELCOME

22ND - 28TH AUGUST 2021 • 21ST WEEK IN ORDINARY TIME • PSALTER WEEK 1

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div><div></div><div>21ST SUNDAY IN ORDINARY TIME</div></div> <p>FIRST READING JOSHUA 24: 1-2, 15-18 <i>'We will serve the Lord, for He is our God'</i></p> <p>PSALM 33 <i>Taste and see that the Lord is good'</i></p> <p>SECOND READING EPHESIANS 5:25-32 <i>'Christ loves the Church, because it is his body.'</i></p> <p>GOSPEL JOHN 6:60-69 <i>'Who shall we go to? You are the Holy One of God'</i></p>	<div><div></div><div>MONDAY OF WEEK 21 IN ORDINARY TIME</div></div> <div><div></div><div>SAINT ROSE OF LIMA, VIRGIN</div></div>	<div><div></div><div>SAINT BARTHOLOMEW, APOSTLE FEAST</div></div>	<div><div></div><div>WEDNESDAY OF WEEK 21 IN ORDINARY TIME</div></div> <div><div></div><div>SAINT LOUIS</div></div> <div><div></div><div>SAINT JOSEPH OF CALASANZ, PRIEST</div></div>	<div><div></div><div>THURSDAY OF WEEK 21 IN ORDINARY TIME</div></div> <div><div></div><div>BLESSED DOMINIC OF THE MOTHER OF GOD (DOMINIC BARBERI), PRIEST</div></div>	<div><div></div><div>SAINT MONICA</div></div>	<div><div></div><div>SAINT AUGUSTINE, BISHOP, DOCTOR</div></div>

## NOTES

THE POPE'S INTENTION FOR AUGUST : THE CHURCH

LET US PRAY FOR THE CHURCH, THAT SHE MAY RECEIVE FROM THE HOLY SPIRIT THE GRACE AND STRENGTH TO REFORM HERSELF IN THE LIGHT OF THE GOSPEL.

# CREATION

29TH AUG. - 4TH SEPT. 2021 • 22ND WEEK IN ORDINARY TIME

The creation story starts with the words "In the beginning" and as we read on we find out how God brought everything into being. As we start our new year let's think about what we can create - new ideas, new relationships and new ways of thinking. We also think at this time about the world we are trying to create for the future and how our actions affect not just the people but the environment around us as well. We are called to join together as a church to focus on creation over the next few weeks - what will you create?

# CREATION

29TH AUG. - 4TH SEPT. 2021 • 22ND WEEK IN ORDINARY TIME • PSALTER WEEK 2

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div><div></div><div><b>22ND SUNDAY IN ORDINARY TIME</b></div></div> <p>FIRST READING DEUTERONOMY 1:1-2,6-8 <i>'Observe the laws and customs, that you may have life'</i></p> <p>PSALM 14 <i>'The just will live in the presence of the Lord'</i></p> <p>SECOND READING JAMES 1:17-18,21-22, 27 <i>'Accept and submit to the world'</i></p> <p>GOSPEL MARK 1:1-8,14-15,21-23 <i>'You put aside the commandment of God, to cling to human traditions'</i></p>	<div><div></div><div><b>DEDICATION OF THE CATHEDRAL CHURCH OF ST BARNABAS FEAST</b></div></div>	<div><div></div><div><b>TUESDAY OF WEEK 22 IN ORDINARY TIME</b></div></div> <div><div></div><div><b>SAINT AIDAN, BISHOP AND MISSIONARY, AND THE SAINTS OF LINDISFARNE</b></div></div>	<div><div></div><div><b>WEDNESDAY OF WEEK 22 IN ORDINARY TIME</b></div></div> <p>WORLD DAY OF PRAYER FOR THE CARE OF CREATION</p>	<div><div></div><div><b>THURSDAY OF WEEK 22 IN ORDINARY TIME</b></div></div>	<div><div></div><div><b>SAINT GREGORY THE GREAT, POPE, DOCTOR FEAST</b></div></div>	<div><div></div><div><b>SATURDAY OF WEEK 22 IN ORDINARY TIME</b></div></div> <div><div></div><div><b>SAINT CUTHBERT, BISHOP</b></div></div> <div><div></div><div><b>SATURDAY MEMORIAL OF THE BLESSED VIRGIN MARY</b></div></div>

## NOTES

## THE POPE'S INTENTION FOR SEPTEMBER : AN ENVIRONMENTALLY SUSTAINABLE LIFESTYLE

WE PRAY THAT WE ALL WILL MAKE COURAGEOUS CHOICES FOR A SIMPLE AND ENVIRONMENTALLY SUSTAINABLE LIFESTYLE, REJOICING IN OUR YOUNG PEOPLE WHO ARE RESOLUTELY COMMITTED TO THIS.

# ENCOUNTER



5TH - 11TH SEPTEMBER 2021 • 23RD WEEK IN ORDINARY TIME

The definition of an Encounter is "An unexpected meeting". We can encounter Christ in lots of different places but maybe this week we can think about finding Christ in those places we don't expect to.

Maybe we should also think about how we can take Christ to unexpected places too. We can be the face of Christ to other people and by trying to live our lives like him we can help other people meet him, even if they don't expect it!

# ENCOUNTER

5TH - 11TH SEPTEMBER 2021 • 23RD WEEK IN ORDINARY TIME • PSALTER WEEK 3

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div><div></div><div>23RD SUNDAY IN ORDINARY TIME</div></div> <div>FIRST READING ISAIAH 35:4-7 <i>'The blind shall see, the deaf hear, the dumb sing for joy'</i></div> <div>PSALM 145 <i>'My soul, give praise to the Lord'</i></div> <div>SECOND READING JAMES 2:1-5 <i>'God chose the poor according to the world to be rich in faith'</i></div> <div>GOSPEL MARK 7:31-37 <i>'He makes the deaf hear and the dumb speak'</i></div>	<div><div></div><div>MONDAY OF WEEK 23 IN ORDINARY TIME</div></div>	<div><div></div><div>TUESDAY OF WEEK 23 IN ORDINARY TIME</div></div>	<div><div></div><div>THE BIRTHDAY OF THE BLESSED VIRGIN MARY FEAST</div></div>	<div><div></div><div>THURSDAY OF WEEK 23 IN ORDINARY TIME</div></div> <div><div></div><div>SAINT PETER CLAVER</div></div>	<div><div></div><div>FRIDAY OF WEEK 23 IN ORDINARY TIME</div></div>	<div><div></div><div>SATURDAY OF WEEK 23 IN ORDINARY TIME</div></div> <div><div></div><div>SATURDAY MEMORIAL OF THE BLESSED VIRGIN MARY</div></div>

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# BELONGING

12TH - 18TH SEPTEMBER 2021 • 24TH WEEK IN ORDINARY TIME

This week we're going to focus on what it means to belong. We sometimes forget that being connected to the Catholic Church means we're part of something incredible. There are 2 billion people who call themselves Christian and 1.1 Billion of them are Catholic. Think this week about what you belong to. How does it feel to belong to something special and what effect does it have on your life?

# BELONGING

12TH - 18TH SEPTEMBER 2021 • 24TH WEEK IN ORDINARY TIME • PSALTER WEEK 4

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div><div></div><b>24TH SUNDAY IN ORDINARY TIME</b> DAY OF SPECIAL PRAYER FOR EDUCATION  FIRST READING ISAIAH 50:5-9 <i>'I offered my back to those who struck me'</i>  PSALM 114 <i>'I will walk in the presence of the Lord in the land of the living'</i>  SECOND READING JAMES 2:14-18 <i>'If good works do not go with it, faith is quite dead'</i>  GOSPEL MARK 8:27-35 <i>'The Son of Man is destined to suffer grievously'</i></div>	<div><div></div><b>SAINT JOHN CHRYSOSTOM, BISHOP, DOCTOR</b></div>	<div><div></div><b>THE EXALTATION OF THE HOLY CROSS FEAST</b></div>	<div><div></div><b>OUR LADY OF SORROWS</b></div>	<div><div></div><b>SAINTS CORNELIUS, POPE, AND CYPRIAN, BISHOP, MARTYRS</b></div>	<div><div></div><b>FRIDAY OF WEEK 24 IN ORDINARY TIME</b>  <div><div></div><b>SAINT ROBERT BELLARMINE, BISHOP, DOCTOR</b></div> <div><div></div><b>SAINT HILDEGARD OF BINGEN, VIRGIN, DOCTOR</b></div></div>	<div><div></div><b>SAINT AUGUSTINE, BISHOP, DOCTOR</b></div>

## NOTES

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# LEARNING

19TH - 25TH SEPTEMBER 2021 • 25TH WEEK IN ORDINARY TIME

Our Faith gives us the chance to learn so much more than you can ever find in a text book. It helps us to learn how to live and grow as people. When we learn about Jesus we can also learn about ourselves.

Think about the biggest lessons you've learnt in your life and how you've changed because of them.

What could you learn this week about your faith?

# LEARNING

19TH - 25TH SEPTEMBER 2021 • 25TH WEEK IN ORDINARY TIME • PSALTER WEEK 1

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div><div></div><div><b>25TH SUNDAY IN ORDINARY TIME</b></div><div>HOME MISSION SUNDAY</div><div>FIRST READING WISDOM 2:12.17-20 <i>'The wicked prepare to ambush the just man'</i></div><div>PSALM 53 <i>'The Lord upholds my life'</i></div><div>SECOND READING JAMES 3:16-4:3 <i>'The wisdom that comes from above makes for peace'</i></div><div>GOSPEL MARK 9:30-37 <i>'Anyone who welcomes one of these little children in my name welcomes me'</i></div></div>	<div><div></div><div><b>SAINTS ANDREW KIM TAEGON, PRIEST, AND PAUL CHONG HASANG, AND THEIR COMPANIONS, MARTYRS</b></div></div>	<div><div></div><div><b>SAINT MATTHEW, APOSTLE, EVANGELIST FEAST</b></div></div>	<div><div></div><div><b>WEDNESDAY OF WEEK 25 IN ORDINARY TIME</b></div></div>	<div><div></div><div><b>SAINT PIUS OF PIETRELCINA (PADRE PIO)</b></div></div>	<div><div></div><div><b>OUR LADY OF WALSHINGHAM</b></div></div>	<div><div></div><div><b>SATURDAY OF WEEK 25 IN ORDINARY TIME</b></div><div><div></div><div><b>SATURDAY MEMORIAL OF THE BLESSED VIRGIN MARY</b></div></div></div>

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# INCLUSION

26TH SEPT. - 2ND OCT. 2021 • 26TH WEEK IN ORDINARY TIME

Jesus calls all people to follow him. He often caused outrage by being friends with the kinds of people society didn't like. He wasn't afraid to reach out to those people left out by the world and he worked hard to find a way to include them in what he was doing. This week we celebrate the feast of St. Vincent De Paul. He gave his life to reaching out to those who were sick and lonely and vulnerable. He knew that they needed God's love and compassion as much as anyone else. Think this week about those people who often get left out. How can you show God's love and compassion to them?

# INCLUSION

26TH SEPT. - 2ND OCT. 2021 • 26TH WEEK IN ORDINARY TIME • PSALTER WEEK 2

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div><div></div><div><b>26TH SUNDAY IN ORDINARY TIME</b></div><div>DAY OF SPECIAL PRAYER FOR THE HARVEST</div><div>FIRST READING NUMBERS 11:25-29 <i>'If only the whole people of the Lord were prophets!'</i></div><div>PSALM 18 <i>'The precepts of the Lord gladden the heart'</i></div><div>SECOND READING JAMES 5:1-6 <i>'The Lord hears the cries of those you have cheated'</i></div><div>GOSPEL MARK 9:38-43,45,47-48 <i>'Do not stop anyone from working a miracle in my name'</i></div></div>	<div><div></div><div><b>SAINT VINCENT DE PAUL, PRIEST</b></div></div>	<div><div></div><div><b>TUESDAY OF WEEK 26 IN ORDINARY TIME</b></div><div><div></div><div><b>SAINT WENCESLAUS, MARTYR</b></div></div><div><div></div><div><b>SAINTS LAURENCE RUIZ AND HIS COMPANIONS, MARTYRS</b></div></div></div>	<div><div></div><div><b>SAINTS MICHAEL, GABRIEL AND RAPHAEL, ARCHANGELS FEAST</b></div></div>	<div><div></div><div><b>SAINT JEROME, PRIEST, DOCTOR</b></div></div>	<div><div></div><div><b>SAINT THÉRÈSE OF THE CHILD JESUS, VIRGIN, DOCTOR</b></div><div><b>CAFOD FAST DAY</b></div></div>	<div><div></div><div><b>THE HOLY GUARDIAN ANGELS</b></div></div>

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# ROSARY

3RD - 9TH OCTOBER 2021 • 27TH WEEK IN ORDINARY TIME

This week we enter into October - a month dedicated to the Holy Rosary. It's a reminder that we can look to Mary not only as an example, but also as a friend who prays with us when we need her the most. Think about who you want to pray for at the moment and maybe take some time this week to come to pray with Mary.

# ROSARY

3RD - 9TH OCTOBER 2021 • 27TH WEEK IN ORDINARY TIME • PSALTER WEEK 3

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div><div></div><div>27TH SUNDAY IN ORDINARY TIME</div></div> <div>FIRST READING GENESIS 2:18-24 <i>'A man and his wife become one body'</i></div> <div>PSALM 127 <i>'May the Lord bless us all the days of our lives'</i></div> <div>SECOND READING HEBREWS 2:9-11 <i>'The one who sanctifies is the brother of those who are sanctified'</i></div> <div>GOSPEL MARK 10:2-12 <i>'What God has united, man must not divide'</i></div>	<div><div></div><div>SAINT FRANCIS OF ASSISI</div></div>	<div><div></div><div>TUESDAY OF WEEK 27 IN ORDINARY TIME</div></div> <div><div></div><div>SAINT FAUSTINA KOWALSKA, RELIGIOUS</div></div> <div><div></div><div>BLESSED ROBERT SUTTON, ANTHONY TURNER, GEORGE DOUGLAS AND THE MARTYRS OF LEICESTERSHIRE</div></div>	<div><div></div><div>WEDNESDAY OF WEEK 27 IN ORDINARY TIME</div></div> <div><div></div><div>SAINT BRUNO, PRIEST</div></div>	<div><div></div><div>OUR LADY OF THE ROSARY</div></div>	<div><div></div><div>FRIDAY OF WEEK 27 IN ORDINARY TIME</div></div>	<div><div></div><div>SAINT JOHN HENRY NEWMAN, PRIEST FEAST</div></div>

## NOTES

THE POPE'S INTENTION FOR OCTOBER : MISSIONARY DISCIPLES

WE PRAY THAT EVERY BAPTISED PERSON MAY BE ENGAGED IN EVANGELIZATION, AVAILABLE TO THE MISSION, BY BEING WITNESSES OF A LIFE THAT HAS THE FLAVOR OF THE GOSPEL.

# DIVERSITY

10TH - 16TH OCTOBER 2021 • 28TH WEEK IN ORDINARY TIME

Black History Month gives everyone the opportunity to share, celebrate and understand the impact of black heritage and culture. It also serves as a reminder of the incredible beauty of our diverse communities. It inspires us to celebrate our differences and recognise that we are all unique and important parts of the Body of Christ. Think this week about what you bring to your community and just how much you receive from those around you.

# DIVERSITY

10TH - 16TH OCTOBER 2021 • 28TH WEEK IN ORDINARY TIME • PSALTER WEEK 4

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>28TH SUNDAY IN ORDINARY TIME</div> <div>FIRST READING WISDOM 7:7-11 <i>'I esteemed Wisdom more than sceptres or thrones'</i></div> <div>PSALM 89 <i>'Fill us with your love so that we may rejoice'</i></div> <div>SECOND READING HEBREWS 4:12-13 <i>'The word of God cuts more finely than a double-edged sword'</i></div> <div>GOSPEL MARK 10:17-27 <i>'Give everything you own to the poor, and follow me'</i></div>	<div>MONDAY OF WEEK 28 IN ORDINARY TIME</div> <div><div>SAINTS DENIS, BISHOP, AND HIS COMPANIONS, MARTYRS</div><div>SAINT JOHN LEONARDI, PRIEST</div><div>SAINT JOHN XXIII, POPE</div></div>	<div>TUESDAY OF WEEK 28 IN ORDINARY TIME</div> <div><div>SAINT WILFRID, BISHOP AND MISSIONARY</div><div>SAINT HILDA OF WHITBY, ABBESS</div></div>	<div>WEDNESDAY OF WEEK 28 IN ORDINARY TIME</div> <div><div>SAINT EDWARD THE CONFESSOR, KING</div></div>	<div>THURSDAY OF WEEK 28 IN ORDINARY TIME</div> <div><div>SAINT CALLISTUS, POPE, MARTYR</div></div>	<div>SAINT TERESA OF ÁVILA, VIRGIN, DOCTOR</div>	<div>SATURDAY OF WEEK 28 IN ORDINARY TIME</div> <div><div>SAINT HEDWIG, RELIGIOUS</div><div>SAINT MARGARET MARY ALACOQUE, VIRGIN</div><div>SATURDAY MEMORIAL OF THE BLESSED VIRGIN MARY</div></div>

## NOTES

THE POPE'S INTENTION FOR OCTOBER : MISSIONARY DISCIPLES

WE PRAY THAT EVERY BAPTISED PERSON MAY BE ENGAGED IN EVANGELIZATION, AVAILABLE TO THE MISSION, BY BEING WITNESSES OF A LIFE THAT HAS THE FLAVOR OF THE GOSPEL.

# RELATIONSHIPS

17TH - 2ND OCTOBER 2021 • 29TH WEEK IN ORDINARY TIME

Every week we connect ourselves with the universal church when we look at the feasts and saints that we celebrate. This is just one reminder that our church is built on loving relationships. We are always called to work on our relationship with God and with others. What are the most important relationships in your life? How is your relationship with God right now?

# RELATIONSHIPS

17TH - 23RD OCTOBER 2021 • 29TH WEEK IN ORDINARY TIME • PSALTER WEEK 1

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div><div></div><div><b>29TH SUNDAY IN ORDINARY TIME</b></div></div> <div><div>FIRST READING ISAIAH 53:10-11 <i>'If he offers his life in atonement, what the lord wishes will be done'</i></div><div>PSALM 32 <i>'May your love be upon us, O Lord, as we place all our hope in you.'</i></div><div>SECOND READING HEBREWS 1:14-16 <i>'Our high priest is one who has been tempted in every way that we are.'</i></div><div>GOSPEL MARK 10:42-45 <i>'The Son of Man came to give his life as a ransom for many'</i></div></div>	<div><div></div><div><b>SAINT LUKE, EVANGELIST FEAST</b></div></div>	<div><div></div><div><b>TUESDAY OF WEEK 29 IN ORDINARY TIME</b></div></div> <div><div></div><div><b>SAINTS JOHN DE BRÉBEUF AND ISAAC JOGUES, PRIESTS, AND THEIR COMPANIONS, MARTYRS</b></div></div> <div><div></div><div><b>SAINT PAUL OF THE CROSS, PRIEST</b></div></div>	<div><div></div><div><b>WEDNESDAY OF WEEK 29 IN ORDINARY TIME</b></div></div>	<div><div></div><div><b>THURSDAY OF WEEK 29 IN ORDINARY TIME</b></div></div>	<div><div></div><div><b>FRIDAY OF WEEK 29 IN ORDINARY TIME</b></div></div> <div><div></div><div><b>SAINT JOHN PAUL II, POPE</b></div></div>	<div><div></div><div><b>SATURDAY OF WEEK 29 IN ORDINARY TIME</b></div></div> <div><div></div><div><b>SAINT JOHN OF CAPISTRANO, PRIEST</b></div></div> <div><div></div><div><b>SATURDAY MEMORIAL OF THE BLESSED VIRGIN MARY</b></div></div>

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# INDIVIDUALITY

24TH - 30TH OCTOBER 2021 • 30TH WEEK IN ORDINARY TIME

God created us all equal, but not the same. Each and every person is a unique and special creation of God and this week we need to celebrate all of the things that make us who we are and that make other people individual. We are told that being 'different' is bad and that we should be 'normal' but there is no such thing as normal! Take some time to find the things you love about the people around you and praise and celebrate them for their individuality.

# INDIVIDUALITY

24TH - 30TH OCTOBER 2021 • 30TH WEEK IN ORDINARY TIME • PSALTER WEEK 2

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div><div></div><div><b>30TH SUNDAY IN ORDINARY TIME</b></div><div>WORLD MISSION SUNDAY</div><div><b>FIRST READING</b> JEREMIAH 31:7-9 <i>'I will guide them by a smooth path where they will not stumble'</i></div><div><b>PSALM 125</b> <i>'What marvels the Lord worked for us! Indeed we were glad.'</i></div><div><b>SECOND READING</b> HEBREWS 5:1-6 <i>'You are a priest of the order of Melchizedek, and for ever'</i></div><div><b>GOSPEL</b> MARK 10:46-52 <i>'Go; your faith has saved you'</i></div></div>	<div><div></div><div><b>MONDAY OF WEEK 30 IN ORDINARY TIME</b></div></div>	<div><div></div><div><b>TUESDAY OF WEEK 30 IN ORDINARY TIME</b></div><div><div></div><div><b>SAINTS CHAD AND CEDD, BISHOPS AND MISSIONARIES</b></div></div></div>	<div><div></div><div><b>WEDNESDAY OF WEEK 30 IN ORDINARY TIME</b></div></div>	<div><div></div><div><b>SAINTS SIMON AND JUDE, APOSTLES FEAST</b></div></div>	<div><div></div><div><b>FRIDAY OF WEEK 30 IN ORDINARY TIME</b></div></div>	<div><div></div><div><b>SATURDAY OF WEEK 30 IN ORDINARY TIME</b></div><div><div></div><div><b>SATURDAY MEMORIAL OF THE BLESSED VIRGIN MARY</b></div></div></div>

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# HOLINESS

31ST OCT. - 6TH NOV. 2021 • 31ST WEEK IN ORDINARY TIME

This week we have two important feasts, All Saints and All Souls. A saint is one of those men and women who in their life, and often their death, set an example of how to live a life for God. They give hope to us all that we can be better people and one day and even become saint's ourselves! We are all called to Holiness and all called to live a life pleasing to God. In November too we remember all those who have gone before us and on All Souls and throughout November we remember all those who have died and keep them in our prayers.

# HOLINESS

31ST OCT. - 6TH NOV. 2021 • 31ST WEEK IN ORDINARY TIME • PSALTER WEEK 3

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div><div></div><b>ALL SAINTS SOLEMNITY</b></div> <p>FIRST READING APOCALYPSE 7:2-4,9-14 <i>'I saw a huge number, impossible to count, of people from every nation, race, tribe and language'</i></p> <p>PSALM 23 <i>'Such are the men who seek your face O Lord.'</i></p> <p>SECOND READING 1 JOHN 3:1-3 <i>'We shall be like God because we shall see him as he really is.'</i></p> <p>GOSPEL MATTHEW 5:1-12A <i>'Happy are the poor in spirit'</i></p>	<div><div></div><b>MONDAY OF WEEK 31 IN ORDINARY TIME</b></div>	<div><div></div><b>ALL SOULS</b></div>	<div><div></div><b>WEDNESDAY OF WEEK 31 IN ORDINARY TIME</b></div> <div><div></div><b>SAINT MARTIN DE PORRES, RELIGIOUS</b></div> <div><div></div><b>SAINT WINIFRIDE, VIRGIN</b></div>	<div><div></div><b>SAINT CHARLES BORROMEO, BISHOP</b></div>	<div><div></div><b>FRIDAY OF WEEK 31 IN ORDINARY TIME</b></div>	<div><div></div><b>SATURDAY OF WEEK 31 IN ORDINARY TIME</b></div> <div><div></div><b>SATURDAY MEMORIAL OF THE BLESSED VIRGIN MARY</b></div>

NOTES

THE POPE'S INTENTION FOR NOVEMBER: PEOPLE WHO SUFFER FROM DEPRESSION

WE PRAY THAT PEOPLE WHO SUFFER FROM DEPRESSION OR BURN-OUT WILL FIND SUPPORT AND A LIGHT THAT OPENS THEM UP TO LIFE.

# GIVING

7TH - 13TH NOVEMBER 2021 • 32ND WEEK IN ORDINARY TIME

This week we celebrate the feast of St Martin of Tours. He is famous for literally cutting his cloak to give it to someone in need. His ability to be generous and to look after those around him can inspire us all. Think this week about how you can give to others?  
What do the people around you need?

# GIVING

7TH - 13TH NOVEMBER 2021 • 32ND WEEK IN ORDINARY TIME • PSALTER WEEK 4

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div><div></div><b>32ND SUNDAY IN ORDINARY TIME</b></div> <div>FIRST READING 1 KINGS 17:10-16 <i>'Jar of meal shall not be spent, jug of oil shall not be emptied'</i></div> <div>PSALM 145 <i>'My soul, give praise to the Lord.'</i></div> <div>SECOND READING HEBREWS 9:24-28 <i>'Christ, our high priest, has done away with sin by sacrificing himself'</i></div> <div>GOSPEL MARK 12:41-44 <i>'The poor widow has put in more than all'</i></div>	<div><div></div><b>MONDAY OF WEEK 32 IN ORDINARY TIME</b></div>	<div><div></div><b>DEDICATION OF THE LATERAN BASILICA, FEAST</b></div>	<div><div></div><b>SAINT LEO THE GREAT, POPE, DOCTOR</b></div>	<div><div></div><b>SAINT MARTIN OF TOURS, BISHOP</b></div>	<div><div></div><b>SAINT JOSAPHAT, BISHOP, MARTYR</b></div>	<div><div></div><b>SATURDAY OF WEEK 32 IN ORDINARY TIME</b></div> <div><div></div><b>SATURDAY MEMORIAL OF THE BLESSED VIRGIN MARY</b></div>

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# YOUTH

14TH - 20TH NOVEMBER 2021 • 33RD WEEK IN ORDINARY TIME

On the feast of Christ the King, every year, the Church focuses on its young people and celebrates everything that you bring to the world. Youth is not just about age however - it's about our attitude. Anyone can be youthful if they fill their lives with joy and excitement. On Friday in School (and then on the following Sunday) we have a chance to recognise and celebrate young people in the Church of today. Think this week about what it's like to being a young person in today's world - is it easy? What difference can you make to the world around you?

# YOUTH

14TH - 20TH NOVEMBER 2021 • 33RD WEEK IN ORDINARY TIME • PSALTER WEEK 1

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div><div></div><div><b>33RD SUNDAY IN ORDINARY TIME</b></div><div>REMEMBRANCE SUNDAY &amp; WORLD DAY OF THE POOR</div><div>FIRST READING DANIEL 12:1-3 <i>'Some will wake to everlasting life, some to shame and disgrace'</i></div><div>PSALM 15 <i>'Preserve me, God, I take refuge in you.'</i></div><div>SECOND READING HEBREWS 10:11-14,18 <i>'When all sins have been forgiven, there can be no more sin-offerings'</i></div><div>GOSPEL MARK 13:24-32 <i>'The stars will fall from heaven and the powers in the heavens will be shaken'</i></div></div>	<div><div></div><div><b>MONDAY OF WEEK 33 IN ORDINARY TIME</b></div><div><div></div><div><b>SAINT ALBERT THE GREAT, BISHOP, DOCTOR</b></div></div></div>	<div><div></div><div><b>TUESDAY OF WEEK 33 IN ORDINARY TIME</b></div><div><div></div><div><b>SAINT MARGARET OF SCOTLAND</b></div></div><div><div></div><div><b>SAINT GERTRUDE, VIRGIN</b></div></div><div><div></div><div><b>SAINT EDMUND OF ABINGDON, BISHOP</b></div></div></div>	<div><div></div><div><b>SAINT HUGH OF LINCOLN, BISHOP, PATRON OF THE DIOCESE FEAST</b></div></div>	<div><div></div><div><b>THURSDAY OF WEEK 33 IN ORDINARY TIME</b></div><div><div></div><div><b>DEDICATION OF THE BASILICAS OF SAINTS PETER AND PAUL, APOSTLES</b></div></div></div>	<div><div></div><div><b>SAINT ELIZABETH OF HUNGARY, RELIGIOUS</b></div><div><b>NATIONAL YOUTH FUNDAY</b></div></div>	<div><div></div><div><b>SATURDAY OF WEEK 33 IN ORDINARY TIME</b></div><div><div></div><div><b>SATURDAY MEMORIAL OF THE BLESSED VIRGIN MARY</b></div></div></div>

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# KINGDOM

21ST - 27TH NOVEMBER 2021 • 34TH WEEK IN ORDINARY TIME

We are called to build the Kingdom of God. Not out of bricks and stone but out of each other - we are living stones. Christ came to establish the Kingdom of God here on Earth and this week in the lives of the saints we celebrate we see people who give everything they had to build the Kingdom of God. This week we remember Saint Andrew Dũng-Lac and Companions - they gave their lives to spread the Good News in Vietnam and the church they founded is still there today.

# KINGDOM

21ST - 27TH NOVEMBER 2021 • 34TH WEEK IN ORDINARY TIME • PSALTER WEEK 2

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <b>CHRIST THE KING</b> YOUTH SUNDAY / WORLD YOUTH DAY  FIRST READING DANIEL 7:13-14 <i>'I saw, coming on the clouds of heaven, one like a son of man'</i>  PSALM 92 <i>'The Lord is king, with majesty enrobed'</i>  SECOND READING APOCALYPSE 1:5-8 <i>'Jesus Christ has made us a line of kings and priests'</i>  GOSPEL JOHN 18:33-37 <i>'Yes, I am a king'</i>	 <b>SAINT CECILIA, VIRGIN, MARTYR</b>	 TUESDAY OF WEEK 34 IN ORDINARY TIME   <b>SAINT CLEMENT I, POPE, MARTYR</b>   <b>SAINT COLUMBANUS, ABBOT AND MISSIONARY</b>	 <b>SAINTS ANDREW DŨNG-LẠC AND HIS COMPANIONS, MARTYRS</b>	 THURSDAY OF WEEK 34 IN ORDINARY TIME   <b>SAINT CATHERINE OF ALEXANDRIA, VIRGIN, MARTYR</b>	 FRIDAY OF WEEK 34 IN ORDINARY TIME	 SATURDAY OF WEEK 34 IN ORDINARY TIME   <b>SATURDAY MEMORIAL OF THE BLESSED VIRGIN MARY</b>

## NOTES

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# HOPE

28TH NOV. - 4TH DEC. 2021 • 1ST WEEK OF ADVENT

The first week of Advent is themed around Hope. It's a chance to remember the hope of God's people as they waited for a messiah and an opportunity to reflect on our hope that one day Jesus will come again. What are you hopeful for in our world? If you could have just one hope for the future what would it be? God gives hope to everyone and as we enter the season of Advent we should remember that whenever things are difficult we can always hope in God.

# HOPE

28TH NOV. - 4TH DEC. 2021 • 1ST WEEK OF ADVENT • PSALTER WEEK 1

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div><div></div><div>1ST SUNDAY OF ADVENT</div></div> <p>FIRST READING JEREMIAH 33:14-16 <i>'I will make a virtuous Branch grow for David'</i></p> <p>PSALM 24 <i>'To you, O Lord, I lift up my soul'</i></p> <p>SECOND READING 1 THESSALONIANS 3:12-4:2 <i>'May you be blameless when our Lord Jesus Christ comes again'</i></p> <p>GOSPEL LUKE 21:25-28,34-36 <i>'That day will be sprung on you suddenly, like a trap'</i></p>	<div><div></div><div>MONDAY OF THE 1ST WEEK OF ADVENT</div></div>	<div><div></div><div>SAINT ANDREW, APOSTLE FEAST</div></div>	<div><div></div><div>WEDNESDAY OF THE 1ST WEEK OF ADVENT</div></div> <div><div></div><div>SAINT RALPH SHERWIN AND THE MARTYRS OF DERBYSHIRE</div></div>	<div><div></div><div>THURSDAY OF THE 1ST WEEK OF ADVENT</div></div>	<div><div></div><div>SAINT FRANCIS XAVIER, PRIEST</div></div>	<div><div></div><div>SATURDAY OF THE 1ST WEEK OF ADVENT</div></div> <div><div></div><div>SAINT JOHN DAMASCENE, PRIEST, DOCTOR</div></div>

## NOTES

## THE POPE'S INTENTION FOR DECEMBER: CATECHISTS

LET US PRAY FOR THE CATECHISTS, SUMMONED TO ANNOUNCE THE WORD OF GOD: MAY THEY BE ITS WITNESSES, WITH COURAGE AND CREATIVITY AND IN THE POWER OF THE HOLY SPIRIT.

# PEACE

5TH - 11TH DECEMBER 2021 • 2ND WEEK OF ADVENT

God gave himself to the world, not as a powerful king but as a tiny baby. He brought a message of peace and humility to a world that needed it more than ever. Think this week about the peace in our world.

Does everybody live in the peaceful communities that we do? This week let's try and remember that during Advent we are called to bring the peace of Christ to everyone we meet.

# PEACE

5TH - 11TH DECEMBER 2021 • 2ND WEEK OF ADVENT • PSALTER WEEK 2

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div><div></div><div>2ND SUNDAY OF ADVENT</div></div> <p>FIRST READING BARUCH 5:1-9 <i>'God means to show your splendour to ever nation'</i></p> <p>PSALM 125 <i>'What marvels the Lord worked for us! Indeed we were glad.'</i></p> <p>SECOND READING PHILIPPIANS 1:4-6,8-11 <i>'May you become pure and blameless in preparation for the day of Christ'</i></p> <p>GOSPEL LUKE 3:1-6 <i>'The call of John the Baptist'</i></p>	<div><div></div><div>MONDAY OF THE 2ND WEEK OF ADVENT</div></div> <div><div></div><div>SAINT NICHOLAS, BISHOP</div></div>	<div><div></div><div>SAINT AMBROSE, BISHOP, DOCTOR</div></div>	<div><div></div><div>THE IMMACULATE CONCEPTION OF OUR LADY, PRINCIPAL PATRON OF OUR DIOCESE SOLEMNITY</div></div>	<div><div></div><div>THURSDAY OF THE 2ND WEEK OF ADVENT</div></div> <div><div></div><div>SAINT JUAN DIEGO CUAUHTLATZIN</div></div>	<div><div></div><div>FRIDAY OF THE 2ND WEEK OF ADVENT</div></div> <div><div></div><div>SAINTS AUGUSTINE WEBSTER AND EUSTACE WHITE, AND THE MARTYRS OF LINCOLNSHIRE</div></div> <div><div></div><div>OUR LADY OF LORETO</div></div>	<div><div></div><div>SATURDAY OF THE 2ND WEEK OF ADVENT</div></div> <div><div></div><div>SAINT DAMASUS I, POPE</div></div>

## NOTES

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# JOY

12TH - 18TH DECEMBER 2021 • 3RD WEEK OF ADVENT

The third week of Advent is centered on joy. We celebrate Gaudete Sunday to remind us of the Joy of Christmas that is almost here. It's a great chance to think about what brings us joy in our lives and to give thanks for it. It's also an opportunity to reflect on how we can bring joy to those around us and make the world a more joyful place for everyone!



12TH - 18TH DECEMBER 2021 • 3RD WEEK OF ADVENT • PSALTER WEEK 3

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div><div></div><b>3RD SUNDAY OF ADVENT</b></div> <div>FIRST READING ZEPHANIAH 3:14-18 <i>'The Lord, the king of Israel, is in our midst'</i></div> <div>ISAIAH 12 <i>'Sing and shout for joy for great in your midst is the Holy One of Israel'</i></div> <div>SECOND READING PHILIPPIANS 4:4-7 <i>'The Lord is very near'</i></div> <div>GOSPEL LUKE 3:10-18 <i>'Someone is coming who will baptise you with the Holy Spirit'</i></div>	<div><div></div><b>SAINT LUCY, VIRGIN, MARTYR</b></div>	<div><div></div><b>SAINT JOHN OF THE CROSS, PRIEST, DOCTOR</b></div>	<div><div></div><b>WEDNESDAY OF THE 3RD WEEK OF ADVENT</b></div>	<div><div></div><b>THURSDAY OF THE 3RD WEEK OF ADVENT</b></div>	<div><div></div><b>17TH DECEMBER</b></div> <div><b>85TH BIRTHDAY OF POPE FRANCIS</b></div>	<div><div></div><b>18TH DECEMBER</b></div>

#### NOTES

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CREATIVITY AND IN THE POWER OF THE HOLY SPIRIT.

# LOVE

19TH - 25TH DECEMBER 2021 • 4TH WEEK OF ADVENT

In the final week of Advent we focus on love. The love Joseph had for Mary, the love they had for Jesus and the love God showed the world when he gave us his only son. Jesus' birth is the greatest act of love in all of history and it inspires us to always share that love with other people. Who do you love and how do you show it?!

# LOVE

19TH - 25TH DECEMBER 2021 • 4TH WEEK OF ADVENT • PSALTER WEEK 4

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div><div></div><div><b>4TH SUNDAY OF ADVENT</b></div><div>DAY OF SPECIAL PRAYER FOR EXPECTANT MOTHERS</div><div>FIRST READING MICAH 5:1-4 <i>'He will stand and feed his flock with the power of the Lord'</i></div><div>PSALM 79 <i>'God of hosts, bring us back; let your face shine on us and we shall be saved'</i></div><div>SECOND READING HEBREWS 10:5-10 <i>'God, here I am! I am coming to obey your will'</i></div><div>GOSPEL LUKE 1:39-45 <i>'Why should I be honoured with a visit from the mother of my Lord?'</i></div></div>	<div><div></div><div><b>20TH DECEMBER</b></div></div>	<div><div></div><div><b>21ST DECEMBER</b></div><div>COMMEMORATION OF SAINT PETER CANISIUS, PRIEST, DOCTOR</div></div>	<div><div></div><div><b>22ND DECEMBER</b></div></div>	<div><div></div><div><b>23RD DECEMBER</b></div><div>COMMEMORATION OF SAINT JOHN OF KĘTY, PRIEST</div></div>	<div><div></div><div><b>24TH DECEMBER</b></div></div>	<div><div></div><div><b>CHRISTMAS DAY SOLEMNITY</b></div></div>

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# FAMILY

26TH DEC. 2021 - 1ST JAN. 2022 • OCTAVE OF CHRISTMAS

Christmas is a time when we remember the Holy Family and it's a time to think about the people we call family too. What makes a good family and how can you bring love and support to those people who are close to you? Mary and Joseph often faced struggles as a family - but they faced them together. How can you support the people you love and bring them strength?

# FAMILY

26TH DEC. 2021 - 1ST JAN. 2022 • OCTAVE OF CHRISTMAS • PSALTER WEEK 1

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div><div></div><b>THE HOLY FAMILY</b></div> <p>FIRST READING 1 SAMUEL 1:20-22,24-28 <i>'This is the child I prayed for: he is made over to the Lord.'</i></p> <p>PSALM 83 <i>'They are happy who dwell in your house, O Lord.'</i></p> <p>SECOND READING COLOSSIANS 3:12-21 <i>'Family life in the Lord'</i></p> <p>GOSPEL LUKE 2:41-52 <i>'Mary stored up all these things in her heart'</i></p>	<div><div></div><b>SAINT JOHN, APOSTLE, EVANGELIST FEAST</b></div>	<div><div></div><b>THE HOLY INNOCENTS, MARTYRS FEAST</b></div>	<div><div></div><b>SAINT THOMAS BECKET, BISHOP, MARTYR FEAST</b></div>	<div><div></div><b>6TH DAY WITHIN THE OCTAVE OF CHRISTMAS</b></div>	<div><div></div><b>7TH DAY WITHIN THE OCTAVE OF CHRISTMAS</b></div> <p>COMMEMORATION OF SAINT SILVESTER I, POPE</p>	<div><div></div><b>MARY, MOTHER OF GOD SOLEMNITY</b></div>

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# EPHAPHANY

2ND - 8TH JANUARY 2022 • 2ND WEEK OF CHRISTMANSTIDE

On the 6th of January celebrate the feast of the Epiphany – when the royalty from the east brought gifts of Gold, Frankincense and Myrrh to the baby Jesus. For us it's an opportunity to think about the gifts we've been given and how we use them to serve God. It's also a chance to give thanks for all those who give so much to us every day.

# EPIPHANY

2ND - 8TH JANUARY 2022 • 2ND WEEK OF CHRISTMASTIDE • PSALTER WEEK 2

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p> <b>2ND SUNDAY OF CHRISTMAS</b></p> <p>FIRST READING ECCLESIASTICUS 24:1-2,8-12 <i>'From eternity, in the beginning, God created wisdom'</i></p> <p>PSALM 147 <i>'The word was made flesh, and lives among us'</i></p> <p>SECOND READING EPHESIANS 1:3-6,15-18 <i>'Before the world was made, God chose us in Christ'</i></p> <p>GOSPEL JOHN 1:1-5,9-14 <i>'The Word was made flesh, and lived among us'</i></p>	<p> <b>MONDAY BEFORE EPIPHANY</b></p> <p> <b>THE MOST HOLY NAME OF JESUS</b></p>	<p> <b>TUESDAY BEFORE EPIPHANY</b></p>	<p> <b>WEDNESDAY BEFORE EPIPHANY</b></p>	<p> <b>THE EPIPHANY OF THE LORD SOLEMNITY OF OBLIGATION</b></p>	<p> <b>FRIDAY AFTER EPIPHANY</b></p> <p> <b>SAINT RAYMOND OF PENYAFORT, PRIEST</b></p>	<p> <b>SATURDAY AFTER EPIPHANY</b></p>

## NOTES

THE POPE'S INTENTION FOR JANUARY 2022:  
TRUE HUMAN FRATERNITY

WE PRAY FOR ALL THOSE SUFFERING FROM RELIGIOUS DISCRIMINATION AND PERSECUTION; MAY THEIR OWN RIGHTS AND DIGNITY BE RECOGNISED, WHICH ORIGINATE FROM BEING BROTHERS AND SISTERS IN THE HUMAN FAMILY.

# DISCIPLESHIP

9TH - 15TH JANUARY 2022 • 1ST WEEK IN ORDINARY TIME

Being a disciple means following a teacher or a way of life, it's where we get the word discipline from. It reminds us that to follow Jesus we have to live like him and shape our lives in a way that reflects who he was and what he taught. This week we celebrate the Baptism of Jesus which marked the start of his active ministry. That ministry would go on to change the whole world and just like then, we are called to be disciples of Jesus today.

# DISCIPLESHIP

9TH - 15TH JANUARY 2022 • 1ST WEEK IN ORDINARY TIME • PSALTER WEEK 1

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div><div></div><div>THE BAPTISM OF THE LORD</div></div> <p>FIRST READING ISAIAH 42:1-4,6-7 <i>'Here is my servant, in whom my soul delights'</i></p> <p>PSALM 103 <i>'Bless the Lord, my soul! Lord God, how great you are.'</i></p> <p>SECOND READING ACTS 10:34-38 <i>'God had anointed Jesus with the Holy Spirit'</i></p> <p>GOSPEL LUKE 3:15-16, 21-22 <i>'Someone is coming who will baptise you with the Holy Spirit and fire.'</i></p>	<div><div></div><div>MONDAY OF WEEK 1 IN ORDINARY TIME</div></div>	<div><div></div><div>TUESDAY OF WEEK 1 IN ORDINARY TIME</div></div>	<div><div></div><div>WEDNESDAY OF WEEK 1 IN ORDINARY TIME</div></div> <div><div></div><div>SAINT AELRED OF RIEVAULX, ABBOT</div></div>	<div><div></div><div>THURSDAY OF WEEK 1 IN ORDINARY TIME</div></div> <div><div></div><div>SAINT HILARY, BISHOP, DOCTOR</div></div>	<div><div></div><div>FRIDAY OF WEEK 1 IN ORDINARY TIME</div></div>	<div><div></div><div>SATURDAY OF WEEK 1 IN ORDINARY TIME</div></div> <div><div></div><div>SATURDAY MEMORIAL OF THE BLESSED VIRGIN MARY</div></div>

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# INSPIRE

16TH - 22ND JANUARY 2022 • 2ND WEEK IN ORDINARY TIME

The word inspire means "filled with the spirit" and there are times when all of us take inspiration from the events and people around us. St Paul was inspired by a vision of Christ to change his ways and be a better person on the road to Damascus – we too can be inspired by Christ to change for the better. This week, think about how you can be inspirational. How can you give others a great example or show others how to live their lives in a better way?

# INSPIRE

16TH - 22ND JANUARY 2022 • 2ND WEEK IN ORDINARY TIME • PSALTER WEEK 2

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div><div></div><b>2ND SUNDAY IN ORDINARY TIME</b></div> <div>DAY OF SPECIAL PRAYER FOR PEACE</div> <div>FIRST READING ISAIAH 62:1-5 <i>'The bridegroom rejoices in his bride'</i></div> <div>PSALM 95 <i>'Proclaim the wonders of the Lord among all the peoples'</i></div> <div>SECOND READING 1 CORINTHIANS 12:4-11 <i>'The spirit distributes gifts to different people just as he chooses'</i></div> <div>GOSPEL JOHN 2:1-11 <i>'My honour has not come yet' 'Do whatever he tells you'</i></div>	<div><div></div><b>SAINT ANTONY, ABBOT</b></div>	<div><div></div><b>TUESDAY OF WEEK 2 IN ORDINARY TIME</b></div> <div>OCTAVE (8 DAYS) OF PRAYER FOR CHRISTIAN UNITY BEGINS</div>	<div><div></div><b>WEDNESDAY OF WEEK 2 IN ORDINARY TIME</b></div> <div><div></div><b>SAINT WULSTAN, BISHOP, RELIGIOUS</b></div>	<div><div></div><b>THURSDAY OF WEEK 2 IN ORDINARY TIME</b></div> <div><div></div><b>SAINT FABIAN, POPE, MARTYR</b></div> <div><div></div><b>SAINT SEBASTIAN, MARTYR</b></div> <div><div></div><b>BLESSED CYPRIAN MICHAEL IWENE TANSI, PRIEST</b></div>	<div><div></div><b>SAINT AGNES, VIRGIN, MARTYR</b></div>	<div><div></div><b>SATURDAY OF WEEK 2 IN ORDINARY TIME</b></div> <div><div></div><b>SAINT VINCENT, DEACON, MARTYR</b></div> <div><div></div><b>SATURDAY MEMORIAL OF THE BLESSED VIRGIN MARY</b></div>

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# CHALLENGE

23RD - 29TH JANUARY 2022 • 3RD WEEK IN ORDINARY TIME

How often do we accept the challenges from God and follow Jesus? As Christians, we face many challenges along our faith journey and we can look to the inner strength that is given to us by God so that we are able to follow in the footsteps of Jesus. Think this week about the challenges you face and who you can ask for help.

# CHALLENGE

23RD - 29TH JANUARY 2022 • 3RD WEEK IN ORDINARY TIME • PSALTER WEEK 3

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div><div></div><div><b>3RD SUNDAY IN ORDINARY TIME</b></div><div>SUNDAY OF THE WORD OF GOD</div><div>FIRST READING NEHEMIAH 8:2-6,8-10 <i>'All the people listened attentively to the Book of the Law'</i></div><div>PSALM 18 <i>'Your words are spirit, Lord, and they are life.'</i></div><div>SECOND READING 1 CORINTHIANS 12:12-14,27 <i>'You together are Christ's body, but each a different part of it'</i></div><div>GOSPEL LUKE 1:1-4,4:14-21 <i>'This text is being fulfilled today even as you listen'</i></div></div>	<div><div></div><div><b>SAINT FRANCIS DE SALES, BISHOP, DOCTOR</b></div></div>	<div><div></div><div><b>THE CONVERSION OF SAINT PAUL, APOSTLE FEAST</b></div></div>	<div><div></div><div><b>SAINTS TIMOTHY AND TITUS, BISHOPS</b></div></div>	<div><div></div><div><b>THURSDAY OF WEEK 3 IN ORDINARY TIME</b></div><div><div></div><div><b>SAINT ANGELA MERICI, VIRGIN</b></div></div></div>	<div><div></div><div><b>SAINT THOMAS AQUINAS, PRIEST, DOCTOR</b></div></div>	<div><div></div><div><b>SATURDAY OF WEEK 3 IN ORDINARY TIME</b></div><div><div></div><div><b>SATURDAY MEMORIAL OF THE BLESSED VIRGIN MARY</b></div></div></div>

## NOTES

## THE POPE'S INTENTION FOR JANUARY 2022: TRUE HUMAN FRATERNITY

WE PRAY FOR ALL THOSE SUFFERING FROM RELIGIOUS DISCRIMINATION AND PERSECUTION; MAY THEIR OWN RIGHTS AND DIGNITY BE RECOGNISED, WHICH ORIGINATE FROM BEING BROTHERS AND SISTERS IN THE HUMAN FAMILY.

# CARE

30TH JAN. - 5TH FEB. 2022 • 4TH WEEK IN ORDINARY TIME

On Wednesday, we celebrate the feast of the Presentation of the Lord. This commemorates when Mary and Joseph would have presented Jesus to God at the temple and made an offering for him. It reminds us that Mary and Joseph looked out for Jesus and took care of him, just as many people look after and take care of us too. Think this week about who takes care of you and who you take care of. What does it mean to be cared for and what difference can it make to your life?

# CARE

30TH JAN. - 5TH FEB. 2022 • 4TH WEEK IN ORDINARY TIME • PSALTER WEEK 4

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div><div></div><div><b>4TH SUNDAY IN ORDINARY TIME</b></div></div> <div>FIRST READING JEREMIAH 1: 4-5, 17-19 <i>'I have appointed you prophet to the nations'</i></div> <div>PSALM 70 <i>'My lips will tell of your help'</i></div> <div>SECOND READING 1 CORINTHIANS 13: 4-13 <i>'Three things last: faith, hope and love; and the greatest of these is love'</i></div> <div>GOSPEL LUKE 4: 21-30 <i>'No prophet is ever accepted in their own country'</i></div>	<div><div></div><div><b>SAINT JOHN BOSCO, PRIEST</b></div></div>	<div><div></div><div><b>TUESDAY OF WEEK 4 IN ORDINARY TIME</b></div></div>	<div><div></div><div><b>THE PRESENTATION OF THE LORD FEAST</b></div></div> <div>DAY OF SPECIAL PRAYER FOR CONSECRATED LIFE</div>	<div><div></div><div><b>THURSDAY OF WEEK 4 IN ORDINARY TIME</b></div></div> <div><div><div></div><div><b>SAINT ANSGAR (OSCAR), BISHOP</b></div></div><div><div></div><div><b>SAINT BLAISE, BISHOP, MARTYR</b></div></div></div>	<div><div></div><div><b>SAINT GILBERT OF SEMPRINGHAM, ABBOT</b></div></div>	<div><div></div><div><b>SAINT AGATHA, VIRGIN, MARTYR</b></div></div>

## NOTES

## THE POPE'S INTENTION FOR FEBRUARY 2022: RELIGIOUS SISTERS AND CONSECRATED WOMEN

WE PRAY FOR RELIGIOUS SISTERS AND CONSECRATED WOMEN; THANKING THEM FOR THEIR MISSION AND THEIR COURAGE; MAY THEY CONTINUE TO FIND NEW RESPONSES TO THE CHALLENGES OF OUR TIMES.

# HEALING

6TH - 12TH FEBRUARY 2022 • 5TH WEEK IN ORDINARY TIME

This week we celebrate the Feast of Our Lady of Lourdes. When Our Lady appeared to St Bernadette, she called people to her to bathe in the water, to repent and find healing. Today millions of people visit Lourdes looking for the same peace and healing in their lives. There have been many miraculous healings in Lourdes over the years and we too can look for healing in our lives through faith. That healing is not always physical, sometimes it can be mental or emotional too and as we celebrate this beautiful feast let us think about the things that we need healing and how we can bring healing to others.

# HEALING

6TH - 12TH FEBRUARY 2022 • 5TH WEEK IN ORDINARY TIME • PSALTER WEEK 1

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div><div></div><div>5TH SUNDAY IN ORDINARY TIME</div></div> <div>FIRST READING ISAIAH 6:1-2,3-8 <i>'Here I am: send me'</i></div> <div>PSALM 137 <i>'Before the angels I will bless you, O Lord.'</i></div> <div>SECOND READING 1 CORINTHIANS 15:1-11 <i>'I preached what the others preach, and you all believed'</i></div> <div>GOSPEL LUKE 5:1-11 <i>'They left everything and followed him'</i></div>	<div><div></div><div>MONDAY OF WEEK 5 IN ORDINARY TIME</div></div>	<div><div></div><div>TUESDAY OF WEEK 5 IN ORDINARY TIME</div></div> <div><div></div><div>SAINT JEROME EMILIAN</div></div> <div><div></div><div>SAINT JOSEPHINE BAKHITA, VIRGIN</div></div> <div>DAY OF SPECIAL PRAYER FOR THE VICTIMS OF TRAFFICKING</div>	<div><div></div><div>WEDNESDAY OF WEEK 5 IN ORDINARY TIME</div></div>	<div><div></div><div>SAINT SCHOLASTICA, VIRGIN</div></div>	<div><div></div><div>FRIDAY OF WEEK 5 IN ORDINARY TIME</div></div> <div><div></div><div>OUR LADY OF LOURDES</div></div>	<div><div></div><div>SATURDAY OF WEEK 5 IN ORDINARY TIME</div></div> <div><div></div><div>SATURDAY MEMORIAL OF THE BLESSED VIRGIN MARY</div></div>

## NOTES

## THE POPE'S INTENTION FOR FEBRUARY 2022: RELIGIOUS SISTERS AND CONSECRATED WOMEN

WE PRAY FOR RELIGIOUS SISTERS AND CONSECRATED WOMEN; THANKING THEM FOR THEIR MISSION AND THEIR COURAGE; MAY THEY CONTINUE TO FIND NEW RESPONSES TO THE CHALLENGES OF OUR TIMES.

# JUSTICE

13TH - 19TH FEBRUARY 2022 • 6TH WEEK IN ORDINARY TIME

This week as a Church we focus on racial justice. We still live in a world where people are sometimes treated differently and unfairly because of their race. Think this week about how you can celebrate the different cultures that make up your communities and find out more about how you can work for justice for all.

# JUSTICE

13TH - 19TH FEBRUARY 2022 • 6TH WEEK IN ORDINARY TIME • PSALTER WEEK 2

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>6TH SUNDAY IN ORDINARY TIME</div> <div>DAY OF SPECIAL PRAYER FOR RACIAL JUSTICE</div> <div>FIRST READING JEREMIAH 17:5-8 <i>'A blessing on the man who puts his trust in the Lord'</i></div> <div>PSALM 1 <i>'Happy the man who placed his trust in the Lord'</i></div> <div>SECOND READING 1 CORINTHIANS 15:12,16-20 <i>'If Christ has not been raised, you are still in your sins'</i></div> <div>GOSPEL LUKE 6:17.20-26 <i>'Happy are you who are poor, who are hungry, who weep'</i></div>	<div>SAINTS CYRIL, MONK, AND METHODIUS, BISHOP, CO-PATRONS OF EUROPE FEAST</div>	<div>TUESDAY OF WEEK 6 IN ORDINARY TIME</div>	<div>WEDNESDAY OF WEEK 6 IN ORDINARY TIME</div>	<div>THURSDAY OF WEEK 6 IN ORDINARY TIME</div> <div>THE SEVEN HOLY FOUNDERS OF THE SERVITE ORDER</div>	<div>FRIDAY OF WEEK 6 IN ORDINARY TIME</div>	<div>SATURDAY OF WEEK 6 IN ORDINARY TIME</div> <div>SATURDAY MEMORIAL OF THE BLESSED VIRGIN MARY</div>

## NOTES

## THE POPE'S INTENTION FOR FEBRUARY 2022: RELIGIOUS SISTERS AND CONSECRATED WOMEN

WE PRAY FOR RELIGIOUS SISTERS AND CONSECRATED WOMEN; THANKING THEM FOR THEIR MISSION AND THEIR COURAGE; MAY THEY CONTINUE TO FIND NEW RESPONSES TO THE CHALLENGES OF OUR TIMES.

# MERCY

20TH - 26TH FEBRUARY 2022 • 7TH WEEK IN ORDINARY TIME

This week we hear in our Gospel reading that we should "Be merciful, just as your Father is merciful". We are called to look with mercy and compassion on everyone, not just those people we get along with. Think this week about your relationships and about where you need to show mercy and compassion to those around you.

# MERCY

20TH - 26TH FEBRUARY 2022 • 7TH WEEK IN ORDINARY TIME • PSALTER WEEK 3

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div><div></div><div><b>7TH SUNDAY IN ORDINARY TIME</b></div></div> <div><div>FIRST READING</div><div>1 SAMUEL 26:2,7-9,11-13,22-23</div><div><i>'Do not lift your hand against the Lord's anointed'</i></div></div> <div><div>PSALM 102</div><div><i>'The Lord is compassion and love'</i></div></div> <div><div>SECOND READING</div><div>1 CORINTHIANS 15:45-49</div><div><i>'The first Adam become a living soul; the last Adam, a life-giving spirit'</i></div></div> <div><div>GOSPEL</div><div>LUKE 6:27-38</div><div><i>'Love your enemies'</i></div></div> <div>FAIRTRADE FORTNIGHT</div>	<div><div></div><div><b>MONDAY OF WEEK 7 IN ORDINARY TIME</b></div></div> <div><div></div><div><b>SAINT PETER DAMIAN, BISHOP, DOCTOR</b></div></div> <div><div>FAIRTRADE FORTNIGHT BEINGS</div><div>21ST FEB. - 6TH MAR.</div></div> <div>FAIRTRADE FORTNIGHT</div>	<div><div></div><div><b>CHAIR OF SAINT PETER FEAST</b></div></div> <div>FAIRTRADE FORTNIGHT</div>	<div><div></div><div><b>SAINT POLYCARP, BISHOP, MARTYR</b></div></div> <div>FAIRTRADE FORTNIGHT</div>	<div><div></div><div><b>THURSDAY OF WEEK 7 IN ORDINARY TIME</b></div></div> <div>FAIRTRADE FORTNIGHT</div>	<div><div></div><div><b>FRIDAY OF WEEK 7 IN ORDINARY TIME</b></div></div> <div>FAIRTRADE FORTNIGHT</div>	<div><div></div><div><b>SATURDAY OF WEEK 7 IN ORDINARY TIME</b></div></div> <div><div></div><div><b>SATURDAY MEMORIAL OF THE BLESSED VIRGIN MARY</b></div></div> <div>FAIRTRADE FORTNIGHT</div>

## NOTES

## THE POPE'S INTENTION FOR FEBRUARY 2022: RELIGIOUS SISTERS AND CONSECRATED WOMEN

WE PRAY FOR RELIGIOUS SISTERS AND CONSECRATED WOMEN; THANKING THEM FOR THEIR MISSION AND THEIR COURAGE; MAY THEY CONTINUE TO FIND NEW RESPONSES TO THE CHALLENGES OF OUR TIMES.

# FORGIVENESS

27TH FEB. - 5TH MAR. 2022 • 8TH WEEK IN ORDINARY TIME (LENT BEGINS)

This week we begin Lent – a very special and important time in the church. On Wednesday, we will start our journey towards Easter with our Ash Wednesday liturgies and it is at this point that we are reminded that God's forgiveness and mercy is always there for us. The Ashes remind us that we can begin again and let go of the mistakes we have made. Think this week about what Lent will mean for you, what will you do and how will you experience God's mercy?

# FORGIVENESS

27TH FEB. - 5TH MAR. 2022 • 8TH WEEK IN ORDINARY TIME • PSALTER WEEK 4

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div><div></div><div><b>8TH SUNDAY IN ORDINARY TIME</b></div></div> <p>DAY OF SPECIAL PRAYER FOR THE UNEMPLOYED</p> <p>FIRST READING ECCLESIASTICUS 27:5-8 <i>'The test of a man is in his conversation'</i></p> <p>PSALM 91 <i>'It is good to give you thanks O Lord.'</i></p> <p>SECOND READING 1 CORINTHIANS 15:54-58 <i>'Death is swallowed up in victory'</i></p> <p>GOSPEL LUKE 6:39-45 <i>'Can the blind lead the blind?'</i></p> <p>FAIRTRADE FORTNIGHT</p>	<div><div></div><div><b>MONDAY OF WEEK 8 IN ORDINARY TIME</b></div></div> <p>FAIRTRADE FORTNIGHT</p>	<div><div></div><div><b>SAINT DAVID, BISHOP FEAST</b></div></div> <p>FAIRTRADE FORTNIGHT</p>	<div><div></div><div><b>ASH WEDNESDAY</b></div></div> <p>FAIRTRADE FORTNIGHT</p>	<div><div></div><div><b>THURSDAY AFTER ASH WEDNESDAY</b></div></div> <p>FAIRTRADE FORTNIGHT</p>	<div><div></div><div><b>FRIDAY AFTER ASH WEDNESDAY</b></div></div> <p>COMMEMORATION OF SAINT CASIMIR</p> <p>WOMEN'S WORLD DAY OF PRAYER</p> <p>FAIRTRADE FORTNIGHT</p>	<div><div></div><div><b>SATURDAY AFTER ASH WEDNESDAY</b></div></div> <p>FAIRTRADE FORTNIGHT</p>

## NOTES

THE POPE'S INTENTION FOR MARCH 2022:  
A CHRISTIAN RESPONSE TO BIOETHICAL CHALLENGES

WE PRAY FOR CHRISTIANS FACING NEW BIOETHICAL CHALLENGES; MAY THEY CONTINUE TO DEFEND THE DIGNITY OF ALL HUMAN LIFE WITH PRAYER AND ACTION.



# PRAYER

6TH - 12TH MARCH 2022 • 1ST WEEK OF LENT

Prayer is something that can be really hard to understand, let alone do. Sometimes it comes naturally but usually it's something we forget about and don't find time for. Prayer is simply a chat with God and you don't need to use the right words, you don't even need to use any words, you just need to put aside some time to be with God. It's amazing what a difference a few minutes a day can make - try it for yourself this week!

# PRAYER

6TH - 12TH MARCH 2022 • 1ST WEEK OF LENT • PSALTER WEEK 1

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>1ST SUNDAY OF LENT</b></p> <p>FIRST READING DEUTERONOMY 26:4-10 <i>'The creed of the Chosen People'</i></p> <p>PSALM 90 <i>'Be with me, O Lord, in my distress'</i></p> <p>SECOND READING ROMANS 10:8-13 <i>'The creed of the Christian'</i></p> <p>GOSPEL LUKE 4:1-13 <i>'The temptation in the wilderness'</i></p> <p>FAIRTRADE FORTNIGHT</p>	<p><b>MONDAY OF THE 1ST WEEK OF LENT</b></p> <p>COMMEMORATION OF SAINTS PERPETUA AND FELICITY, MARTYRS</p>	<p><b>TUESDAY OF THE 1ST WEEK OF LENT</b></p> <p>COMMEMORATION OF SAINT JOHN OF GOD, RELIGIOUS</p>	<p><b>WEDNESDAY OF THE 1ST WEEK OF LENT</b></p> <p>COMMEMORATION OF SAINT FRANCES OF ROME, RELIGIOUS</p>	<p><b>THURSDAY OF THE 1ST WEEK OF LENT</b></p>	<p><b>FRIDAY OF THE 1ST WEEK OF LENT</b></p> <p>CAFOD LENT FAST DAY</p>	<p><b>SATURDAY OF THE 1ST WEEK OF LENT</b></p>

## NOTES

THE POPE'S INTENTION FOR MARCH 2022:  
A CHRISTIAN RESPONSE TO BIOETHICAL CHALLENGES

WE PRAY FOR CHRISTIANS FACING NEW BIOETHICAL CHALLENGES; MAY  
THEY CONTINUE TO DEFEND THE DIGNITY OF ALL HUMAN  
LIFE WITH PRAYER AND ACTION.



# FASTING

13TH - 19TH MARCH 2022 • 2ND WEEK OF LENT

We often give up things for Lent but fasting is not just about going without chocolate. It's about going without something you don't need in order to focus on the things you do. You might fast from watching TV or going on your phone and spend more time with your family and friends. What can you give up for Lent that will help you understand the really important things in your life?

# FASTING

13TH - 19TH MARCH 2022 • 2ND WEEK OF LENT • PSALTER WEEK 2

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div><div></div><div><b>2ND SUNDAY OF LENT</b></div></div> <p>FIRST READING GENESIS 15:5-12,17-18 <i>'God enters into a Covenant with Abraham, the man of faith'</i></p> <p>PSALM 26 <i>'The Lord is my light and my help'</i></p> <p>SECOND READING PHILIPPIANS 3:17-4:1 <i>'Our homeland is in heaven, and from heaven comes Christ to transfigure us'</i></p> <p>GOSPEL LUKE 9:28-36 <i>'Jesus is transfigured before them'</i></p>	<div><div></div><div><b>MONDAY OF THE 2ND WEEK OF LENT</b></div></div>	<div><div></div><div><b>TUESDAY OF THE 2ND WEEK OF LENT</b></div></div>	<div><div></div><div><b>WEDNESDAY OF THE 2ND WEEK OF LENT</b></div></div>	<div><div></div><div><b>SAINT PATRICK, BISHOP, MISSIONARY FEAST</b></div></div>	<div><div></div><div><b>FRIDAY OF THE 2ND WEEK OF LENT</b></div></div> <p>COMMEMORATION OF SAINT CYRIL OF JERUSALEM, BISHOP, DOCTOR</p>	<div><div></div><div><b>SAINT JOSEPH, HUSBAND OF THE BLESSED VIRGIN MARY SOLEMNITY</b></div></div>

## NOTES

THE POPE'S INTENTION FOR MARCH 2022:  
A CHRISTIAN RESPONSE TO BIOETHICAL CHALLENGES

WE PRAY FOR CHRISTIANS FACING NEW BIOETHICAL CHALLENGES; MAY THEY CONTINUE TO DEFEND THE DIGNITY OF ALL HUMAN LIFE WITH PRAYER AND ACTION.

The background of the entire graphic is a soft-focus photograph of a pair of hands holding a small, clear glass jar filled with coins. The hands are positioned in the center, with fingers gently gripping the sides of the jar. The lighting is warm and natural, highlighting the texture of the skin and the metallic sheen of the coins. The overall color palette is muted, with earthy tones and soft highlights.








# ALMSGIVING

20TH - 26TH MARCH 2022 • 3RD WEEK OF LENT

Almsgiving means simply giving what we are able to those in need. It's not just about giving money to charity however. You can give of yourself in so many ways - you can give your time, your compassion or your love to those in need and by doing so truly understand what Lent is all about.

# ALMSGIVING

20TH - 26TH MARCH 2022 • 3RD WEEK OF LENT • PSALTER WEEK 3

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p> <b>3RD SUNDAY OF LENT</b></p> <p>FIRST READING EXODUS 3:1-8,13-15 <i>'I AM has sent me to you'</i></p> <p>PSALM 102 <i>'The Lord is compassion and love'</i></p> <p>SECOND READING 1 CORINTHIANS 10:1-6,10-12 <i>'The life of the people under Moses in the desert was written down to be a lesson for us'</i></p> <p>GOSPEL LUKE 13:1-9 <i>'Leave the fig tree one more year'</i></p>	<p> <b>MONDAY OF THE 3RD WEEK OF LENT</b></p>	<p> <b>TUESDAY OF THE 3RD WEEK OF LENT</b></p>	<p> <b>WEDNESDAY OF THE 3RD WEEK OF LENT</b></p> <p>COMMEMORATION OF SAINT TURIBIUS OF MONGROVEJO, BISHOP</p>	<p> <b>THURSDAY OF THE 3RD WEEK OF LENT</b></p>	<p> <b>THE ANNUNCIATION OF THE LORD SOLEMNITY</b></p> <p>NO FRIDAY ABSTINENCE</p>	<p> <b>SATURDAY OF THE 3RD WEEK OF LENT</b></p>

## NOTES

THE POPE'S INTENTION FOR MARCH 2022:  
A CHRISTIAN RESPONSE TO BIOETHICAL CHALLENGES

WE PRAY FOR CHRISTIANS FACING NEW BIOETHICAL CHALLENGES; MAY  
THEY CONTINUE TO DEFEND THE DIGNITY OF ALL HUMAN  
LIFE WITH PRAYER AND ACTION.

# SACRIFICE

27TH MAR. - 2ND APR. 2022 • 4TH WEEK OF LENT

This week we will be thinking about the sacrifice that Jesus made for us. His death and resurrection are at the heart of our faith and they are the reason that we have our school and our Church today. We are called to make sacrifices too, not necessarily to give our lives, but maybe to give our time, or our love or our compassion. Think about the people who make sacrifices for you and what that means to you. Think about how you can make sacrifices for others this week.

# SACRIFICE

27TH MAR. - 2ND APR. 2022 • 4TH WEEK OF LENT • PSALTER WEEK 4

## SUNDAY

**4TH SUNDAY OF  
LENT - LAETARE  
SUNDAY**

FIRST READING  
JOSHUA 5:9-12  
*'The Israelites celebrate  
their first Passover in the  
Promised Land'*

PSALM 33  
*'Taste and see that  
the Lord is good'*

SECOND READING  
2 CORINTHIANS 5:17-21  
*'God reconciled himself  
to us through Christ'*

GOSPEL  
LUKE 15:1-3,11-32  
*'The prodigal son'*

## MONDAY

**MONDAY OF THE  
4TH WEEK OF  
LENT**

## TUESDAY

**TUESDAY OF THE  
4TH WEEK OF  
LENT**

## WEDNESDAY

**WEDNESDAY OF  
THE 4TH WEEK OF  
LENT**

## THURSDAY

**THURSDAY OF  
THE 4TH WEEK  
OF LENT**

## FRIDAY

**FRIDAY OF THE  
4TH WEEK OF  
LENT**

## SATURDAY

**SATURDAY OF  
THE 4TH WEEK  
OF LENT**

COMMEMORATION  
OF SAINT FRANCIS  
OF PAOLA, HERMIT

## NOTES

THE POPE'S INTENTION FOR MARCH 2022:  
A CHRISTIAN RESPONSE TO BIOETHICAL CHALLENGES

WE PRAY FOR CHRISTIANS FACING NEW BIOETHICAL CHALLENGES; MAY  
THEY CONTINUE TO DEFEND THE DIGNITY OF ALL HUMAN  
LIFE WITH PRAYER AND ACTION.

# JOURNEY

3RD - 9TH APRIL 2022 • 5TH WEEK OF LENT

Lent is a truly special Journey that helps us walk with, and get closer to Jesus. By trying to walk in his footsteps we can understand better about sacrifice and love. This about your journey through lent so far - how hard has it been? What have been the struggles you have faced? This this week about what you've learnt from your journey and just how far you've come.

# JOURNEY

3RD - 9TH APRIL 2022 • 5TH WEEK OF LENT • PSALTER WEEK 1

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>5TH SUNDAY OF LENT</b></p> <p><b>FIRST READING</b> ISAIAH 43:16-21 <i>'See, I am doing a new deed, and I will give my chosen people drink'</i></p> <p><b>PSALM 125</b> <i>'What marvels the Lord worked for us! Indeed we were glad.'</i></p> <p><b>SECOND READING</b> PHILIPPIANS 3:8-14 <i>'I look on everything as so much rubbish if only I can have Christ'</i></p> <p><b>GOSPEL</b> JOHN 8:1-11 <i>'Let the one among you who has not sinned be the first to throw a stone'</i></p>	<p><b>MONDAY OF THE 5TH WEEK OF LENT</b></p> <p><b>COMMEMORATION OF SAINT ISIDORE, BISHOP, DOCTOR</b></p>	<p><b>TUESDAY OF THE 5TH WEEK OF LENT</b></p> <p><b>COMMEMORATION OF SAINT VINCENT FERRER, PRIEST</b></p>	<p><b>WEDNESDAY OF THE 5TH WEEK OF LENT</b></p>	<p><b>THURSDAY OF THE 5TH WEEK OF LENT</b></p> <p><b>COMMEMORATION OF SAINT JOHN BAPTIST DE LA SALLE, PRIEST</b></p>	<p><b>FRIDAY OF THE 5TH WEEK OF LENT</b></p>	<p><b>SATURDAY OF THE 5TH WEEK OF LENT</b></p>

## NOTES

## THE POPE'S INTENTION FOR APRIL 2022: HEALTH CARE WORKERS

WE PRAY FOR HEALTH CARE WORKERS WHO SERVE THE SICK AND THE ELDERLY, ESPECIALLY IN THE POOREST COUNTRIES; MAY THEY BE ADEQUATELY SUPPORTED BY GOVERNMENTS AND LOCAL COMMUNITIES.

# PASSION

10TH - 16TH APRIL 2022 • HOLY WEEK

This week we hear the story of the Passion. We hear and remember the final moment of Jesus' life and his amazing act of love and sacrifice. We mirror the last few days during the Easter Triduum and journey with Jesus through the Last Supper, his crucifixion and his death on the cross. We finish our week with the Easter Vigil and as the light enters the Church we celebrate the Resurrection. Reflect this week on what this event means to you and to the world.

# PASSIONS

10TH - 16TH APRIL 2022 • HOLY WEEK • PSALTER WEEK 2

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div><div></div><b>PALM SUNDAY</b></div> <div>GOSPEL (AT PROCESSION) LUKE 19:28-40 <i>'Blessings on him who comes in the name of the Lord'</i></div> <div>FIRST READING ISAIAH 50:4-7 <i>'I did not cover my face against insult: I know I shall not be shamed'</i></div> <div>PSALM 21 <i>'My God, my God, why have you forsaken me?'</i></div> <div>SECOND READING PHILIPPIANS 2:6-11 <i>'Christ humbled himself but God raised him high'</i></div> <div>GOSPEL - LUKE 23:1-49 <i>'Let the one among you who has not sinned be the first to throw a stone'</i></div>	<div><div></div><b>MONDAY OF HOLY WEEK</b></div>	<div><div></div><b>TUESDAY OF HOLY WEEK</b></div>	<div><div></div><b>WEDNESDAY OF HOLY WEEK</b></div>	<div><div></div><b>MAUNDY THURSDAY</b></div>	<div><div></div><b>GOOD FRIDAY</b></div>	<div><div></div><b>HOLY SATURDAY</b></div>

## NOTES

## THE POPE'S INTENTION FOR APRIL 2022: HEALTH CARE WORKERS

WE PRAY FOR HEALTH CARE WORKERS WHO SERVE THE SICK AND THE ELDERLY, ESPECIALLY IN THE POOREST COUNTRIES; MAY THEY BE ADEQUATELY SUPPORTED BY GOVERNMENTS AND LOCAL COMMUNITIES.

# ALLELUIA!

17TH - 23RD APRIL 2022 • EASTER

On Sunday we celebrated the most important celebration within our faith, the resurrection of Jesus! We celebrate the season of Easter by using a word we don't use during Lent - Alleluia! The word simply means 'praise the lord' and it's a reminder that at this time of year we should be rejoicing and celebrating that Jesus is risen. Think this week about what makes you want to celebrate and think about how you can show the world the joy of the resurrection.

# ALLELUIA!

17TH - 23RD APRIL 2022 • EASTER • PSALTER WEEK 1

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div><div></div><div>EASTER SUNDAY</div></div> <p>FIRST READING ACTS 10:34,37-43 <i>'We have eaten and drunk with him after his resurrection'</i></p> <p>PSALM 117 <i>'This day was made by the Lord: we rejoice and are glad'</i></p> <p>SECOND READING COLOSSIANS 3:1-4 <i>'Look for the things that are in heaven, where Christ is'</i></p> <p>GOSPEL LUKE 24:1-12 <i>'Why look among the dead for someone who is alive'</i></p>	<div><div></div><div>EASTER MONDAY</div></div>	<div><div></div><div>EASTER TUESDAY</div></div>	<div><div></div><div>EASTER WEDNESDAY</div></div>	<div><div></div><div>EASTER THURSDAY</div></div>	<div><div></div><div>EASTER FRIDAY</div></div>	<div><div></div><div>EASTER SATURDAY</div></div>

## NOTES

## THE POPE'S INTENTION FOR APRIL 2022: HEALTH CARE WORKERS

WE PRAY FOR HEALTH CARE WORKERS WHO SERVE THE SICK AND THE ELDERLY, ESPECIALLY IN THE POOREST COUNTRIES; MAY THEY BE ADEQUATELY SUPPORTED BY GOVERNMENTS AND LOCAL COMMUNITIES.










# MISSIONARY *missionary discipleship* DISCIPLESHIP

24TH - 30TH APRIL 2022 • EASTERTIDE

We are called to be an outward looking Church - spreading the Good News just as Mary Magdalene did on that Easter morning. Pope Francis tell us that we should not look in on ourselves but instead take the Joy of the Gospel out to those people who need to hear it. This doesn't mean just shouting bible passages at people in the street it means living our life in a way that reflects our scripture and shows people the very best of what our Church is all about. How can you evangelise this week? How can you share what our faith is about with others?

# MISSIONARY DISCIPLESHIP

24TH - 30TH APRIL 2022 • EASTERTIDE • PSALTER WEEK 2

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div> <b>DIVINE MERCY SUNDAY</b> 2ND SUNDAY OF EASTER</div> <p>FIRST READING ACTS 5:12-16 <i>'The numbers of men and women who came to believe in the Lord increased steadily'</i></p> <p>PSALM 117 <i>'Give thanks to the Lord for he is good, for his love has no end.'</i></p> <p>SECOND READING APOCALYPSE 1:9-13,17-19 <i>'I was dead, and now I am to live for ever and ever'</i></p> <p>GOSPEL JOHN 20:19-31 <i>'Why look among the dead for someone who is alive'</i></p>	<div> <b>SAINT MARK, EVANGELIST FEAST</b></div>	<div> <b>SAINT GEORGE, MARTYR SOLEMNITY</b></div>	<div> <b>WEDNESDAY OF THE 2ND WEEK OF EASTERTIDE</b></div>	<div> <b>THURSDAY OF THE 2ND WEEK OF EASTERTIDE</b></div> <div> <b>SAINT PETER CHANEL, PRIEST, MARTYR</b></div> <div> <b>SAINT LOUIS MARIE GRIGNION DE MONTFORT, PRIEST</b></div>	<div> <b>SAINT CATHERINE OF SIENA, VIRGIN, DOCTOR, CO-PARON OF EUROPE FEAST</b></div>	<div> <b>SATURDAY OF THE 2ND WEEK OF EASTERTIDE</b></div> <div> <b>SAINT PIUS V, POPE</b></div>

## NOTES

## THE POPE'S INTENTION FOR APRIL 2022: HEALTH CARE WORKERS

WE PRAY FOR HEALTH CARE WORKERS WHO SERVE THE SICK AND THE ELDERLY, ESPECIALLY IN THE POOREST COUNTRIES; MAY THEY BE ADEQUATELY SUPPORTED BY GOVERNMENTS AND LOCAL COMMUNITIES.

# FAITH

1ST - 7TH MAY 2022 • EASTERTIDE

Having faith can be tough. It means believing in something that you can not know for certain and in a world where there is almost an answer for everything this can be difficult. Have a think about your faith and what you believe in. This week we celebrate the English Martyrs - people who died for their faith - they inspire us to hold on to what we believe and to share that faith with others. What do you find it hard to believe sometimes - what inspires you in your faith?

# FAITH

1ST - 7TH MAY 2022 • EASTERTIDE • PSALTER WEEK 3

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div><div></div><div><b>3RD SUNDAY OF EASTER</b></div></div> <div><div>FIRST READING ACTS 5:27-32,40-41 <i>'We are witnesses to all this: we and the Holy Spirit'</i></div><div>PSALM 29 <i>'I will praise you, Lord, you have rescued me.'</i></div><div>SECOND READING APOCALYPSE 5:11-14 <i>'The Lamb that was sacrificed is worth to be given riches and power'</i></div><div>GOSPEL JOHN 21:1-14 <i>'Jesus stepped forward, took the bread and gave it to them, and the same with the flesh'</i></div></div>	<div><div></div><div><b>SAINT ATHANASIUS, BISHOP, DOCTOR</b></div></div>	<div><div></div><div><b>SAINTS PHILIP AND JAMES, APOSTLES FEAST</b></div></div>	<div><div></div><div><b>THE ENGLISH MARTYRS FEAST</b></div></div>	<div><div></div><div><b>THURSDAY OF THE 3RD WEEK OF EASTERTIDE</b></div></div>	<div><div></div><div><b>FRIDAY OF THE 3RD WEEK OF EASTERTIDE</b></div></div>	<div><div></div><div><b>SATURDAY OF THE 3RD WEEK OF EASTERTIDE</b></div></div>

## NOTES

## THE POPE'S INTENTION FOR MAY 2022: FOR FAITH-FILLED YOUNG PEOPLE

WE PRAY FOR ALL YOUNG PEOPLE, CALLED TO LIVE LIFE TO THE FULLEST; MAY THEY SEE IN MARY'S LIFE THE WAY TO LISTEN, THE DEPTH OF DISCERNMENT, THE COURAGE THAT FAITH GENERATES, AND THE DEDICATION TO SERVICE.

# VOCATION

8TH - 14TH MAY 2022 • EASTERTIDE

The word vocation comes from the Latin for "to call" and it reminds us that we all have a calling from God to be the person he created us to be. Finding that vocation and hearing that call however can be really hard sometimes and it's often difficult to know what we should do with our lives. This week spend some time in prayer thinking about what God might be calling you to do with your life. Often it's not what we expect but when you find something that you love that is usually a good sign you're on the right track!

# VOCATION

8TH - 14TH MAY 2022 • EASTERTIDE • PSALTER WEEK 4

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div><div></div><div><b>4TH SUNDAY OF EASTER</b> GOOD SHEPHERD SUNDAY</div><div>WORLD DAY OF PRAYER FOR VOCATIONS</div><div>FIRST READING ACTS 13:14,43-52 <i>'We must turn to the pagans'</i></div><div>PSALM 99 <i>'We are his people, the sheep of his flock'</i></div><div>SECOND READING APOCALYPSE 7:9,14-17 <i>'The Lamb will be their shepherd and will lead them to springs of living water'</i></div><div>GOSPEL JOHN 10:27-30 <i>'I know my sheep and they follow me'</i></div></div>	<div><div></div><div><b>MONDAY OF THE 4TH WEEK OF EASTERTIDE</b></div></div>	<div><div></div><div><b>TUESDAY OF THE 4TH WEEK OF EASTERTIDE</b></div><div><div></div><div><b>SAINT JOHN OF ÁVILA, PRIEST, DOCTOR</b></div></div></div>	<div><div></div><div><b>WEDNESDAY OF THE 4TH WEEK OF EASTERTIDE</b></div><div><div></div><div><b>SAINTS JOHN HOUGHTON &amp; ROBERT LAWRENCE, &amp; THE MARTYRS OF NOTTINGHAMSHIRE</b></div></div></div>	<div><div></div><div><b>THURSDAY OF THE 4TH WEEK OF EASTERTIDE</b></div><div><div></div><div><b>SAINTS NEREUS AND ACHILLEUS, MARTYRS</b></div></div><div><div></div><div><b>SAINT PANCRAS, MARTYR</b></div></div></div>	<div><div></div><div><b>FRIDAY OF THE 4TH WEEK OF EASTERTIDE</b></div><div><div></div><div><b>OUR LADY OF FÁTIMA</b></div></div></div>	<div><div></div><div><b>SAINT MATTHIAS, APOSTLE FEAST</b></div></div>

## NOTES

## THE POPE'S INTENTION FOR MAY 2022: FOR FAITH-FILLED YOUNG PEOPLE

WE PRAY FOR ALL YOUNG PEOPLE, CALLED TO LIVE LIFE TO THE FULLEST; MAY THEY SEE IN MARY'S LIFE THE WAY TO LISTEN, THE DEPTH OF DISCERNMENT, THE COURAGE THAT FAITH GENERATES, AND THE DEDICATION TO SERVICE.



# WITNESS

15TH - 21ST MAY 2022 • EASTERTIDE

To be a witness involves two things. The first is seeing something happen that you remember and that has an effect on you. The second is telling others about what you have seen. The first disciples were witness to the resurrection and we too can be witness to Christ when we recognise him at work in our world. The question is, how will you tell others what you've seen so that the Good News continues to be heard?

# WITNESS

15TH - 21ST MAY 2022 • EASTERTIDE • PSALTER WEEK 1

## SUNDAY

### 5TH SUNDAY OF EASTER

#### FIRST READING ACTS 14:21-27

*'They gave an account to the church of all the God had done with them'*

#### PSALM 144

*'I will bless your name for ever, O God my King'*

#### SECOND READING APOCALYPSE 21:1-5

*'A vision of the heavenly Jerusalem, the bride of the Lamb'*

#### GOSPEL

#### JOHN 13:31-33,34-35

*'In the Son of Man, God has been glorified'*

## MONDAY

### MONDAY OF THE 5TH WEEK OF EASTERTIDE

## TUESDAY

### TUESDAY OF THE 5TH WEEK OF EASTERTIDE

## WEDNESDAY

### WEDNESDAY OF THE 5TH WEEK OF EASTERTIDE

SAINT JOHN I,  
POPE, MARTYR

## THURSDAY

### THURSDAY OF THE 5TH WEEK OF EASTERTIDE

ST DUNSTAN,  
ARCHBISHOP OF  
CANTERBURY

## FRIDAY

### FRIDAY OF THE 5TH WEEK OF EASTERTIDE

SAINT  
BERNARDINE OF  
SIENA, PRIEST

## SATURDAY

### SATURDAY OF THE 5TH WEEK OF EASTERTIDE

SAINT  
CHRISTOPHER  
MAGALLANES  
AND HIS  
COMPANIONS,  
MARTYRS

## NOTES

### THE POPE'S INTENTION FOR MAY 2022: FOR FAITH-FILLED YOUNG PEOPLE

WE PRAY FOR ALL YOUNG PEOPLE, CALLED TO LIVE LIFE TO THE FULLEST; MAY THEY SEE IN MARY'S LIFE THE WAY TO LISTEN, THE DEPTH OF DISCERNMENT, THE COURAGE THAT FAITH GENERATES, AND THE DEDICATION TO SERVICE.

# EXAMPLE

22ND - 28TH MAY 2022 • EASTERTIDE

As a Christian, we are all called to be an example and to be inspirational to other people. If only it was that easy! When Jesus ascended into heaven he gave us the job of spreading the Good News to the world and one of the best ways to do that is by being a good example. Think this week about who looks up to you and of course, who you look up to. How can you be a good role model and set a good example to those around you?

# EXAMPLE

22ND - 28TH MAY 2022 • EASTERTIDE • PSALTER WEEK 2

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div><div></div><div><b>6TH SUNDAY OF EASTER</b></div></div> <p>FIRST READING ACTS 15:1-2,22-29 <i>'It has been decided by the Spirit and by ourselves not to burden you with any burden beyond these essentials'</i></p> <p>PSALM 66 <i>'I Let the peoples praise you, O God; let all the peoples praise you.'</i></p> <p>SECOND READING APOCALYPSE 21:10-14,22-23 <i>'He showed my the holy city coming down out of heaven'</i></p> <p>GOSPEL JOHN 14: 23-29 <i>'A peace the world cannot give is my gift to you'</i></p>	<div><div></div><div><b>MONDAY OF THE 6TH WEEK OF EASTERTIDE</b></div></div>	<div><div></div><div><b>TUESDAY OF THE 6TH WEEK OF EASTERTIDE</b></div></div>	<div><div></div><div><b>SAINT BEDE THE VENERABLE, PRIEST, DOCTOR</b></div></div>	<div><div></div><div><b>THE ASCENSION OF THE LORD SOLEMNITY OF OBLIGATION</b></div></div>	<div><div></div><div><b>SAINT AUGUSTINE OF CANTERBURY, BISHOP FEAST</b></div></div>	<div><div></div><div><b>SATURDAY OF THE 6TH WEEK OF EASTERTIDE</b></div></div>

## NOTES

## THE POPE'S INTENTION FOR MAY 2022: FOR FAITH-FILLED YOUNG PEOPLE

WE PRAY FOR ALL YOUNG PEOPLE, CALLED TO LIVE LIFE TO THE FULLEST; MAY THEY SEE IN MARY'S LIFE THE WAY TO LISTEN, THE DEPTH OF DISCERNMENT, THE COURAGE THAT FAITH GENERATES, AND THE DEDICATION TO SERVICE.

# COMMUNICATION

29TH MAY - 4TH JUNE 2022 • EASTERTIDE

Communication is a huge part of our everyday lives. We can communicate faster and with more people than ever before and this week we think about those things that we need to share and communicate with others. We are called during Eastertide to proclaim the Good News and this week we can use all the forms of communication that we have to share God's Message and to celebrate God's love for us in our lives. This think week about how you can share some Good News with others and play your part in communicating the Gospel message to others.

# COMMUNICATION

29TH MAY - 4TH JUNE 2022 • EASTERTIDE • PSALTER WEEK 3

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div><div></div><div>7TH SUNDAY OF EASTER</div></div> <div><b>WORLD COMMUNICATIONS DAY</b></div> <div>FIRST READING ACTS 7:55-60 <i>'The stoning of Stephen'</i></div> <div>PSALM 96 <i>'The Lord is king, most high above all the earth.'</i></div> <div>SECOND READING APOCALYPSE 22:12-14,16-17,20 <i>'Come, Lord Jesus'</i></div> <div>GOSPEL JOHN 17:20-26 <i>'Father, may they be completely one'</i></div>	<div><div></div><div>MONDAY OF THE 7TH WEEK OF EASTERTIDE</div></div>	<div><div></div><div>THE VISITATION OF THE BLESSED VIRGIN MARY FEAST</div></div>	<div><div></div><div>SAINT JUSTIN, MARTYR</div></div>	<div><div></div><div>THURSDAY OF THE 7TH WEEK OF EASTERTIDE</div></div> <div><div></div><div>SAINTS MARCELLINUS AND PETER, MARTYRS</div></div>	<div><div></div><div>SAINTS CHARLES LWANGA AND HIS COMPANIONS, MARTYRS</div></div>	<div><div></div><div>SATURDAY OF THE 7TH WEEK OF EASTERTIDE</div></div>

## NOTES

## THE POPE'S INTENTION FOR JUNE 2022: FAMILIES

WE PRAY FOR CHRISTIAN FAMILIES AROUND THE WORLD; MAY THEY EMBODY  
AND EXPERIENCE UNCONDITIONAL LOVE AND ADVANCE IN  
HOLINESS IN THEIR DAILY LIVES.

# PENTECOST

5TH - 11TH JUNE 2022 • 10TH WEEK IN ORDINARY TIME

The Feast of Pentecost is one of the biggest events in the history of the Church. The Church we are part of today can be traced back to that single event when the disciples, filled with the Holy Spirit, went out into the streets and started spreading the Good News in many different languages. They found a new courage and a new mission to spread Jesus' message and today over 1 billion people are part of the Catholic Church! Think about the Good News in your lives – how do you share that with others?

# PENTECOST

4TH - 11TH JUNE 2022 • 10TH WEEK IN ORDINARY TIME • PSALTER WEEK 2

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div><div></div><b>PENTECOST</b></div> <p>DAY OF SPECIAL PRAYER FOR THE CHURCH</p> <p>FIRST READING ACTS 2:1-11 <i>'They were all filled with the Holy Spirit and began to speak'</i></p> <p>PSALM 103 <i>'Send forth your spirit, O Lord, and renew the face of the earth'</i></p> <p>SECOND READING ROMANS 8:8-17 <i>'Everyone moved by the Spirit is a child of God'</i></p> <p>GOSPEL JOHN 20:19-23 <i>'As the Father sent me, so am I sending you: receive the Holy Spirit'</i></p>	<div><div></div><b>MARY, MOTHER OF THE CHURCH</b></div>	<div><div></div><b>TUESDAY OF WEEK 10 IN ORDINARY TIME</b></div>	<div><div></div><b>WEDNESDAY OF WEEK 10 IN ORDINARY TIME</b></div>	<div><div></div><b>OUR LORD JESUS CHRIST THE ETERNAL HIGH PRIEST FEAST</b></div>	<div><div></div><b>FRIDAY OF WEEK 10 IN ORDINARY TIME</b></div>	<div><div></div><b>SAINT BARNABAS, APOSTLE FEAST</b></div>

## NOTES

## THE POPE'S INTENTION FOR JUNE 2022: FAMILIES

WE PRAY FOR CHRISTIAN FAMILIES AROUND THE WORLD; MAY THEY EMBODY  
AND EXPERIENCE UNCONDITIONAL LOVE AND ADVANCE IN  
HOLINESS IN THEIR DAILY LIVES.










# PIETY

12TH - 18TH JUNE 2022 • 11TH WEEK IN ORDINARY TIME

On Sunday we celebrate the feast of the Most Holy Trinity which celebrates God in three persons. One of the 7 gifts of the Holy Spirit - Piety - reminds us to show reverence and respect for God the Father, God the Son and God the Holy Spirit at all times and we can do this in many ways. One way is by following the second of the Ten Commandments and never talking about God disrespectfully but we can also show reverence through prayer and the way that we behave. Make an effort this week to be reverent and to show respect to God and to those around you.

# PIETY

12TH - 18TH JUNE 2022 • 11TH WEEK IN ORDINARY TIME • PSALTER WEEK 3

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <b>THE MOST HOLY TRINITY SOLEMNITY</b>  FIRST READING PROVERBS 8:22-31 <i>'Before the earth came into being, Wisdom was born'</i>  PSALM 8 <i>'How great is your name, O Lord our God, through all the earth'</i>  SECOND READING ROMANS 5:1-5 <i>'The love of God has been poured into our hearts'</i>  GOSPEL JOHN 16:12-15 <i>'The Spirit of truth will lead you to the complete truth'</i>	 <b>SAINT ANTONY OF PADUA, PRIEST, DOCTOR</b>	 TUESDAY OF WEEK 11 IN ORDINARY TIME	 WEDNESDAY OF WEEK 11 IN ORDINARY TIME	 THURSDAY OF WEEK 11 IN ORDINARY TIME   SAINT RICHARD OF CHICHESTER, BISHOP	 FRIDAY OF WEEK 11 IN ORDINARY TIME	 SATURDAY OF WEEK 11 IN ORDINARY TIME   SATURDAY MEMORIAL OF THE BLESSED VIRGIN MARY

## NOTES

## THE POPE'S INTENTION FOR JUNE 2022: FAMILIES

WE PRAY FOR CHRISTIAN FAMILIES AROUND THE WORLD; MAY THEY EMBODY AND EXPERIENCE UNCONDITIONAL LOVE AND ADVANCE IN HOLINESS IN THEIR DAILY LIVES.

# KNOWLEDGE

19TH - 25TH JUNE 2022 • 12TH WEEK IN ORDINARY TIME

Knowledge is a Holy Spirit. It might sound very simple but you'll often hear people say "knowledge is power". When you take the time to learn about the world around you, you can start to see just what God has created for us. When you learn something new you grow as a person. Think this week about how much you learn at school and what you can learn this week. Take the time to ask a question or read a book and improve your knowledge this week.

# KNOWLEDGE

19TH - 25TH JUNE 2022 • 12TH WEEK IN ORDINARY TIME • PSALTER WEEK 4

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div><div></div><b>CORPUS CHRISTI SOLEMNITY</b> DAY OF SPECIAL PRAYER FOR LIFE ISSUES  FIRST READING GENESIS 14:18-20 <i>'Melchizedek brought bread and wine'</i>  PSALM 109 <i>'You are a priest for ever, a priest like Melchizedek of old.'</i>  SECOND READING 1 CORINTHIANS 11:23-26 <i>'Every time you eat this bread and drink this cup, you are proclaiming the death of the Lord'</i>  GOSPEL LUKE 9:11-17 <i>'The feeding of the five thousand'</i></div>	<div><div></div><b>MONDAY OF WEEK 12 IN ORDINARY TIME</b>  <div><div></div><b>SAINT ALBAN, FIRST MARTYR OF ENGLAND</b></div></div>	<div><div></div><b>SAINT ALOYSIUS GONZAGA, RELIGIOUS</b></div>	<div><div></div><b>SAINTS JOHN FISHER, BISHOP, AND THOMAS MORE, MARTYRS FEAST</b></div>	<div><div></div><b>THE BIRTHDAY OF SAINT JOHN THE BAPTIST SOLEMNITY</b></div>	<div><div></div><b>THE MOST SACRED HEART OF JESUS SOLEMNITY</b></div>	<div><div></div><b>THE IMMACULATE HEART OF MARY</b></div>

## NOTES

## THE POPE'S INTENTION FOR JUNE 2022: FAMILIES

WE PRAY FOR CHRISTIAN FAMILIES AROUND THE WORLD; MAY THEY EMBODY AND EXPERIENCE UNCONDITIONAL LOVE AND ADVANCE IN HOLINESS IN THEIR DAILY LIVES.

# UNDERSTANDING

26TH JUNE - 2ND JULY 2022 • 13TH WEEK IN ORDINARY TIME

Knowledge is one thing, but unless we understand it we can't use it to make the world a better place. Understanding helps us take our knowledge and apply it to our lives. Think this week about how you could be more understanding. How could you empathise and really understand what your friends are thinking or feeling? It often involves making an effort and really listening. How can you better understand the consequences of your decisions and actions this week?

# UNDERSTANDING

26TH JUNE - 2ND JULY 2022 • 13TH WEEK IN ORDINARY TIME • PSALTER WEEK 1

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div><div></div><b>13TH SUNDAY IN ORDINARY TIME</b></div> <div><b>FIRST READING</b> 1 KINGS 19:16,19-21 <i>'Elisha leaves the plough to follow Elijah'</i></div> <div><b>PSALM 15</b> <i>'O Lord, it is you who are my portion.'</i></div> <div><b>SECOND READING</b> GALATIANS 5:1,13-18 <i>'When Christ freed us, he meant us to remain free'</i></div> <div><b>GOSPEL</b> LUKE 9:51-62 <i>'Jesus sets out for Jerusalem'</i></div>	<div><div></div><b>MONDAY OF WEEK 13 IN ORDINARY TIME</b></div> <div><div></div><b>SAINT CYRIL OF ALEXANDRIA, BISHOP, DOCTOR</b></div>	<div><div></div><b>SAINT IRENAEUS, BISHOP, MARTYR</b></div>	<div><div></div><b>SAINTS PETER AND PAUL, APOSTLES SOLEMNITY OF OBLIGATION</b></div> <div>DAY OF SPECIAL PRAYER FOR THE HOLY FATHER</div>	<div><div></div><b>THURSDAY OF WEEK 13 IN ORDINARY TIME</b></div> <div><div></div><b>THE FIRST MARTYRS OF THE SEE OF ROME</b></div>	<div><div></div><b>FRIDAY OF WEEK 13 IN ORDINARY TIME</b></div> <div><div></div><b>SAINT OLIVER PLUNKET, BISHOP, MARTYR</b></div>	<div><div></div><b>SATURDAY OF WEEK 13 IN ORDINARY TIME</b></div> <div><div></div><b>SATURDAY MEMORIAL OF THE BLESSED VIRGIN MARY</b></div>

## NOTES

## THE POPE'S INTENTION FOR JUNE 2022: FAMILIES

WE PRAY FOR CHRISTIAN FAMILIES AROUND THE WORLD; MAY THEY EMBODY  
AND EXPERIENCE UNCONDITIONAL LOVE AND ADVANCE IN  
HOLINESS IN THEIR DAILY LIVES.

# WISDOM

3RD - 9TH JULY 2022 • 14TH WEEK IN ORDINARY TIME

When we put knowledge and understanding together we gain wisdom.

Wisdom comes from experience and learning from our mistakes - it takes time! Think about the people in your life who are wise, what can you learn from them? How can you use the experiences you've had in the past to help you make wise decisions in the future?

# WISDOM

3RD - 9TH JULY 2022 • 14TH WEEK IN ORDINARY TIME • PSALTER WEEK 2

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div><div></div><div><b>14TH SUNDAY IN ORDINARY TIME</b></div></div> <div><div>FIRST READING ISAIAH 66:10-14 <i>'Towards Jerusalem I send flowing peace, like a river'</i></div><div>PSALM 65 <i>'Cry out with joy to God, all the earth.'</i></div><div>SECOND READING GALATIANS 6:14-18 <i>'The marks on my body are those of Jesus'</i></div><div>GOSPEL LUKE 10:1-9 <i>'Your peace will rest on that man'</i></div></div>	<div><div></div><div><b>MONDAY OF WEEK 14 IN ORDINARY TIME</b></div></div> <div><div></div><div><b>SAINT ELIZABETH OF PORTUGAL</b></div></div>	<div><div></div><div><b>TUESDAY OF WEEK 14 IN ORDINARY TIME</b></div></div> <div><div></div><div><b>SAINT ANTONY MARY ZACCARIA, PRIEST</b></div></div>	<div><div></div><div><b>WEDNESDAY OF WEEK 14 IN ORDINARY TIME</b></div></div> <div><div></div><div><b>SAINT MARIA GORETTI, VIRGIN, MARTYR</b></div></div>	<div><div></div><div><b>THURSDAY OF WEEK 14 IN ORDINARY TIME</b></div></div>	<div><div></div><div><b>FRIDAY OF WEEK 14 IN ORDINARY TIME</b></div></div>	<div><div></div><div><b>SATURDAY OF WEEK 14 IN ORDINARY TIME</b></div></div> <div><div></div><div><b>SAINT AUGUSTINE ZHAO RONG AND HIS COMPANIONS, MARTYRS</b></div></div> <div><div></div><div><b>SATURDAY MEMORIAL OF THE BLESSED VIRGIN MARY</b></div></div>

## NOTES

## THE POPE'S INTENTION FOR JULY 2022: THE ELDERLY

WE PRAY FOR THE ELDERLY, WHO REPRESENT THE ROOTS AND MEMORY OF A PEOPLE; MAY THEIR EXPERIENCE AND WISDOM HELP YOUNG PEOPLE TO LOOK TOWARDS THE FUTURE WITH HOPE AND RESPONSIBILITY.

# COUNSEL

10TH - 16TH JULY 2022 • 15TH WEEK IN ORDINARY TIME

Counsel (also known as 'right judgement') is another gift of the Holy Spirit and sometimes we call it our conscience. That little voice inside of us that tells us when we're going wrong or making the wrong decisions. The Holy Spirit can guide us in our lives if we let it and it can help us make the right choice when are faced with a difficult path. What do you need to make a decision about this week and how can the Holy Spirit help you use right judgement.

# COUNSEL

10TH - 16TH JULY 2022 • 15TH WEEK IN ORDINARY TIME • PSALTER WEEK 3

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div><div></div><div><b>15TH SUNDAY IN ORDINARY TIME</b></div><div>DAY OF SPECIAL PRAYER FOR SEAFARERS</div><div>FIRST READING DEUTERONOMY 30:10-14 <i>'The law is not beyond your strength or beyond your reach'</i></div><div>PSALM 68 <i>'Seek the Lord, you who are poor, and your hearts will revive'</i></div><div>SECOND READING COLOSSIANS 1:15-20 <i>'All things were created through Christ and for Christ'</i></div><div>GOSPEL LUKE 10:25-37 <i>'The good Samaritan'</i></div></div>	<div><div></div><div><b>SAINT BENEDICT, ABBOT, CO-PATRON OF EUROPE FEAST</b></div></div>	<div><div></div><div><b>TUESDAY OF WEEK 15 IN ORDINARY TIME</b></div></div>	<div><div></div><div><b>WEDNESDAY OF WEEK 15 IN ORDINARY TIME</b></div><div><div></div><div><b>SAINT HENRY</b></div></div></div>	<div><div></div><div><b>THURSDAY OF WEEK 15 IN ORDINARY TIME</b></div><div><div></div><div><b>SAINT CAMILLUS OF LELLIS, PRIEST</b></div></div></div>	<div><div></div><div><b>SAINT BONAVENTURE, BISHOP, DOCTOR</b></div></div>	<div><div></div><div><b>SATURDAY OF WEEK 15 IN ORDINARY TIME</b></div><div><div></div><div><b>OUR LADY OF MOUNT CARMEL</b></div></div><div><div></div><div><b>SATURDAY MEMORIAL OF THE BLESSED VIRGIN MARY</b></div></div></div>

## NOTES

## THE POPE'S INTENTION FOR JULY 2022: THE ELDERLY

WE PRAY FOR THE ELDERLY, WHO REPRESENT THE ROOTS AND MEMORY OF A PEOPLE; MAY THEIR EXPERIENCE AND WISDOM HELP YOUNG PEOPLE TO LOOK TOWARDS THE FUTURE WITH HOPE AND RESPONSIBILITY.



# FORTITUDE

17TH - 23RD JULY 2022 • 16TH WEEK IN ORDINARY TIME

Fortitude (also known as 'courage') is something we will all need to find our lives. You may need the courage to face an exam or test, or maybe you'll need the courage to say sorry and seek forgiveness. The

Holy Spirit can give us courage when we need it the most, so think about the times and places where you need courage at the moment and ask God to help you find that courage and move forward.

# FOR *fortitude* TITUDE

17TH - 23RD JULY 2022 • 16TH WEEK IN ORDINARY TIME • PSALTER WEEK 4

## SUNDAY

### 16TH SUNDAY IN ORDINARY TIME

FIRST READING  
GENESIS 18:1-10

*'Next year your wife  
Sarah will have a son'*

PSALM 14  
*'The just will live in the  
presence of the Lord.'*

SECOND READING  
COLOSSIANS 1:24-28  
*'A mystery hidden for  
generations has been  
revealed to God's saints'*

GOSPEL  
LUKE 10:38-42  
*'Martha works; Mary listens'*

## MONDAY

### MONDAY OF WEEK 16 IN ORDINARY TIME

## TUESDAY

### TUESDAY OF WEEK 16 IN ORDINARY TIME

## WEDNESDAY

### WEDNESDAY OF WEEK 16 IN ORDINARY TIME

SAINT  
APOLLINARIS,  
BISHOP, MARTYR

## THURSDAY

### THURSDAY OF WEEK 16 IN ORDINARY TIME

SAINT LAURENCE  
OF BRINDISI,  
PRIEST, DOCTOR

## FRIDAY

### SAINT MARY MAGDALEN, APOSTLE, FEAST

## SATURDAY

### SAINT BRIDGET OF SWEDEN, CO-PATRON OF EUROPE, FEAST

## NOTES

## THE POPE'S INTENTION FOR JULY 2022: THE ELDERLY

WE PRAY FOR THE ELDERLY, WHO REPRESENT THE ROOTS AND MEMORY OF A PEOPLE; MAY THEIR EXPERIENCE AND WISDOM HELP YOUNG PEOPLE TO LOOK TOWARDS THE FUTURE WITH HOPE AND RESPONSIBILITY.

# AWE & WONDER



24TH - 30TH JULY 2022 • 17TH WEEK IN ORDINARY TIME

Fear Of The Lord (also considered 'Awe and Wonder') is an amazing gift of the Holy Spirit. It's the ability to see the incredible things God has created and not take them for granted. It allows us to recognise the true awesomeness of God and to know that we need to put him first. This week try and look again at those areas in your life that show the true awesomeness of God. How can you celebrate what is really awesome in your life?!

# A Week of the Word

24TH - 30TH JULY 2022 • 17TH WEEK IN ORDINARY TIME • PSALTER WEEK 1

## SUNDAY

### 17TH SUNDAY IN ORDINARY TIME

FIRST READING  
GENESIS 18:20-32  
*'Abraham negotiates  
with the Lord'*

PSALM 137  
*'On the day I called you,  
you answered me, O Lord'*

SECOND READING  
COLOSSIANS 2:12-14  
*'Christ has brought you to  
life with him and forgiven  
us all our sins'*

GOSPEL  
LUKE 11:1-13  
*'How to pray'*

## MONDAY

SAINT JAMES,  
APOSTLE FEAST

## TUESDAY

SAINT JOACHIM  
AND SAINT  
ANNE, PARENTS  
OF THE BLESSED  
VIRGIN MARY

## WEDNESDAY

WEDNESDAY OF  
WEEK 17 IN  
ORDINARY TIME

## THURSDAY

THURSDAY OF  
WEEK 17 IN  
ORDINARY TIME

## FRIDAY

SAINTS MARTHA,  
MARY AND  
LAZARUS

## SATURDAY

SATURDAY OF  
WEEK 17 IN  
ORDINARY TIME

SAINT PETER  
CHRYSOLOGUS,  
BISHOP,  
DOCTOR

SATURDAY  
MEMORIAL OF  
THE BLESSED  
VIRGIN MARY

## NOTES

## THE POPE'S INTENTION FOR JULY 2022: THE ELDERLY

WE PRAY FOR THE ELDERLY, WHO REPRESENT THE ROOTS AND MEMORY OF A PEOPLE; MAY THEIR EXPERIENCE AND WISDOM HELP YOUNG PEOPLE TO LOOK TOWARDS THE FUTURE WITH HOPE AND RESPONSIBILITY.



# HAPPINESS

31ST JUL. - 6TH AUG. 2022 • 18TH WEEK IN ORDINARY TIME

Jesus shows us the real ways to be happy in the Beatitudes. These statements form the heart of Catholic Social Teaching and they remind us that real happiness is found in the way we treat those around us. Think this week about what and who brings you Happiness. We can all make the world a happier place and help the people around us and your challenge this week is to do just that!

# HAPPINESS

31ST JUL. - 6TH AUG. 2022 • 18TH WEEK IN ORDINARY TIME • PSALTER WEEK 2

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div><div></div><div><b>18TH SUNDAY IN ORDINARY TIME</b></div></div> <p>FIRST READING ECCLESIASTES 1:2,2:21-23 <i>'Vanity of vanities; all is vanity'</i></p> <p>PSALM 94 <i>'O that today you would listen to his voice! Harden not your hearts.'</i></p> <p>SECOND READING COLOSSIANS 3:1-5,9-11 <i>'You must look for the things that are in heaven, where Christ is'</i></p> <p>GOSPEL LUKE 12:13-21 <i>'Fool! This very night your soul will be demanded of you'</i></p>	<div><div></div><div><b>SAINT ALPHONSUS MARY DE' LIGUORI, BISHOP, DOCTOR</b></div></div>	<div><div></div><div><b>TUESDAY OF WEEK 18 IN ORDINARY TIME</b></div></div> <div><div></div><div><b>SAINT EUSEBIUS OF VERCELLI, BISHOP</b></div></div> <div><div></div><div><b>SAINT PETER JULIAN EYMARD</b></div></div>	<div><div></div><div><b>WEDNESDAY OF WEEK 18 IN ORDINARY TIME</b></div></div>	<div><div></div><div><b>SAINT JOHN MARY VIANNEY, PRIEST</b></div></div>	<div><div></div><div><b>FRIDAY OF WEEK 18 IN ORDINARY TIME</b></div></div> <div><div></div><div><b>DEDICATION OF THE BASILICA OF SAINT MARY MAJOR</b></div></div>	<div><div></div><div><b>THE TRANSFIGURATION OF THE LORD FEAST</b></div></div>

## NOTES

## THE POPE'S INTENTION FOR AUGUST 2022: SMALL BUSINESSES

WE PRAY FOR SMALL AND MEDIUM SIZED BUSINESSES; IN THE MIDST OF ECONOMIC AND SOCIAL CRISIS, MAY THEY FIND WAYS TO CONTINUE OPERATING, AND SERVING THEIR COMMUNITIES.



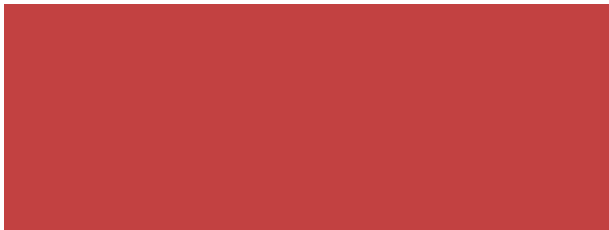
# HOPE, LIFE, & GROWTH

GREEN: USED THROUGHOUT ORDINARY TIME



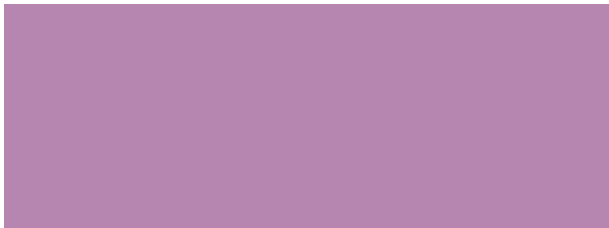
# JOY & PURITY

GOLD OR WHITE: USED DURING EASTER, AT CHRISTMAS, ON FEASTS OF THE BLESSED MOTHER (OUR LADY), AND OF ANGELS AND SAINTS WHO AREN'T MARTYRED



# SACRIFICE

RED: USED ON PASSION SUNDAY (PALM SUNDAY), GOOD FRIDAY, PENTECOST, AND FEASTS OF THE APOSTLES AND MARTYRS



# ANTICIPATION

ROSE: USED ON THE THIRD SUNDAY OF ADVENT AND TWO WEEKENDS BEFORE EASTER



# PENANCE & PREPARATION

VIOLET: USED DURING LENT AND ADVENT AND FOR RECONCILIATION